

## Activities List

Standard Activities covered, strictly subject to suitable qualifications held. If you are adding any new activities, please also enclose copies of your qualifications.

### Class 1

Angel Healing	Reiki Healing
Angelic Reiki	Reiki Master
Block Clearance Therapy	Sound Healing
Healing	Theta Healing

### Class 2

Acupressure	Indian Head Massage
Advanced Sound-Wave Energy Therapy	Integrated Energy Therapy
Alexander Technique	Integrative Medicine
Allergy Testing	Iridology
Angel Therapy	Kinesiology
Animal Essential Oil Therapy	Kinesis Myofascial Integration
Animal Therapy	Kinetic Energy
Aromatherapy	Kirlian / Bio Electrographic
Art Therapy	Life Coaching
Astrology	Light Touch Therapy
Aura-Soma	Lightning Process
Auricular Therapy (Non-invasive, without needles)	Magnet Therapy
Autogenic Therapy	Mahayana Chi
Baby Massage Instructor	Manual Lymph Drainage Category 1 & 2
Baby Yoga Instructor	Massage (including deep tissue)
Bach Remedies	Meditation & Psychic Awareness
Bi Aura	Meditation & Mind Instruction
Bioresonance	Mediumship
Bio Energy Therapy	Metamorphic Technique
Bio Kinetics	Ministers, Officiants, Intuitives and Mediums
Bio Magnetic Therapy	Music Therapy
Body Harmony	Naturopathy (Live blood analysis Class 3)
Bowen	Neuro Linguistic Programming
Breathing Therapy / Breathing Massage	Neuroflexology
Chi Kung	Nutrition Therapy
Clinical Hypnotherapy	Phytobiophysics
Cognitive Therapy	Pilates (including Gyrotonics)
Colour Therapy	Polarity Therapy
Counselling	Provocative Therapy
Cranio Sacral Therapy	Psychology
Creative Writing	Psychotherapy (including Jungian Analysts)
Crystal Therapy	Psych-K
DORN Method	Psychosexual Counselling
Dowsing for Stress Release	Qi Gong
Dream Analysis	Radionics
Educational Kinesiology	Reflexology
Electro Acupressure	Reflex Zone Therapy
Electro Crystal Therapy / Electro Gem Therapy	Reichian Therapy
EMDR	Relaxation Therapy
Em Power Therapy	Remedial Therapy
Emo Trance	Rhythmical Massage Therapy
Emotional Freedom	Sexual and Marital Therapy
Energy Balancing	Sexual Psychology
Energy Field Therapy	Shamanism
Energy Interference Patterning	Shiatsu
Enneagram	Sociology
Equine Assisted Psychotherapy	Spiritual Psychotherapy
Feldenkrais Method	Sports Massage
Flower Essences	Sports Injury Therapy
Health & Personal Development	Tai Chi (Non-Combat)
Herbalism	Tarot/Card Readings
Holistic Retuning	Thought Field Therapy
Holographic Re-patterning	Time Line Therapy
Homoeopathy	Touch for Health
Hopi Ear Candling	Vibrational Medicine

**Endorsement Applies**

Human Givens	Visualisation
Hydrotherapy	Vitamin & Mineral Therapy
Hypnobirthing	Yoga
Hypnotherapy	Zoopharmacognosy

### Class 3

5 Rhythms Dance and Movement	Manual Lymph Drainage Category 3
Acupuncture	Rhythmic Movement
Asyra System	Mobilisation
Auricular Acupuncture	Movement Therapy
Beauty Therapy – standard beauty treatments	Moxibustion/Cupping
Carers/Support Workers	MSAS Professional
Chi Machine	Neuro-Developmental Therapy
Doula	NES (Nutri-Energetics Systems) and Infoceuticals
Drama Therapy	Nutritional Advice & Cookery Demonstrations/Classes
Dry Needling	Phlebotomy
Electro Acupuncture (no needles)	Play Therapy
Electro Magnetic Acupuncture	Quantum QXCI Machine
Electro-Stimulation Therapy	Rolfing
Electrotherapy	Scenar Therapy
Finger Tip Blood Testing	Spinal Touch
Flotation	Thai Massage
Galvanic Skin Therapy	Ultrasound
Live Blood Microscopy	Vega Testing
Low Level Laser Therapy	

### Class 4

Derma Needling	<b>Endorsement Applies</b>	Neuromuscular Therapy
Homotoxicology		Physiotherapy - Must be HCPC Registered
Microdermabrasion - Must be Beauty qualified Level 3		Spinal Therapy
Micro Needling	<b>Endorsement Applies</b>	Tui Na inc. Manipulation & Herbal Therapies

### Class 5

Animal Manual Therapy	Homeopathic Mesotherapy (Must be qualified in Homeopathy)
Chiropody/Podiatry – Must be HCPC Registered	Manipulative Therapy exc. HVT & Cervical Spinal Manipulation
Colonic Irrigation	Visceral Therapy
Foot Health Practitioner	

### Class 6

Oxidative Stress Testing	
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### Class 7

Manipulative Therapy inc. HVT & Cervical Spinal Manipulation	
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### Class 8

IPL - Must be Beauty qualified Level 3 <b>Endorsement Applies</b>	Microblading - Must be Beauty qualified Level 3
Laser Hair Removal - Must be Beauty qualified Level 3 <b>Endorsement Applies</b>	Micropigmentation – Must be Beauty qualified Level 3
Laser Skin Rejuvenation - Must be Beauty qualified Level 3 <b>Endorsement Applies</b>	

## STUDENT COVER

Provides cover for case studies and other work performed prior to qualification. The rules are: Ongoing case consultation with your tutor, clients must be told that you are not qualified, you cannot practice outside the scope of what you have been taught and any charges/expenses made must be less than a qualified therapist. Please note that any activity above class 4 may be a charged at a higher premium than the student rate. Please contact [michelle@total-therapy.org](mailto:michelle@total-therapy.org) to discuss.