

What sorts of things must someone struggling with these issues face to seek healing?

You must come to terms with your own God-given uniqueness and personality. Shame-based thinking must be uprooted. All of the painful events of your past must be uncovered beneath the Godly oversight of a professional therapist who knows how to minister emotional healing prayer for you.

You will need to understand that your trans-gender thoughts, feelings, and behaviors are your chosen method of escaping your present reality. You are running away from that which brings you pain. Your attachment to the world of the opposite gender is your way of detaching from your sense of being rejected as a viable member of your God-prescribed gender.

You will need to admit that you are flawed in your inward self-view, which gives rise to those all-too-common feelings of insecurity and ineptness, or disdain for members of your own gender. In order to feel better about yourself, you have adapted early childhood experimentation into a set of life-controlling behaviors.

You will need to come to admit that only your Creator can repair the emotional damage done. Of course God uses people and events to restore us; to help us understand what we are fleeing from...and need to do in order to stop detaching from our own gender, resulting in inner peace.

You will need to begin to embrace and thank God for your gender identity, not reject it.

Help4Families provides encouragement, loving support, and a compassionate approach to restoration through these resources:

Annual Conferences, Books, Brochures, Hope Group Online, Newsletters, Pastoral Support, Support Groups, and Workshops. **Visit www.help4families.com**

Accomplishing Healing Requires...

- A total devotion to facing the truths about how this condition came into being in the first place and a total departure from the post modernist's view of gender and sexuality.
- Adopting the attitude that God, our Creator, knows of nothing beyond what His redemptive work will remedy.
- Being entirely honest with yourself and others about your current struggles.
- Making peace with your past, forgiving and being willing to be forgiven.
- Becoming 100% involved in long-term, intensive Faith-Based counseling and accountability.
- Choosing to embrace your God-given gender, thanking God for who you are.

Every one is influenced by the way they think, feel and act. Are you putting aside what God's will is for your life to serve 'self' instead of the Creator? The world hears many voices shouting many different directions. For example 'Be true to yourself' "Do it your way" or "Just do it." In the midst of all the directions the world has capability to cause great confusion within a person. Confusion comes from the one who desires more than anything to destroy you. It is the will of Father God for you to 'listen' to his voice. He is the one who loves you and knows what is best for you.

Gender Identity Confusion

and steps of healing

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