

# Promoting Masculinity & Femininity

If you have noticed some signs of GID, or know that your child struggles with their gender, it is not too late to make a difference! Children can learn to correct their cognitive distortions in regards to their gender. Promote a healthy appreciation of a child's born gender and a healthy environment with peers of the same sex. Your children need your love, encouragement, attention and a relationship with you!

## For Boys:

- Increase quality time for the bonding that is needed for the father-son relationship
  - Have the father offer affirmation of the son's masculinity and the gifts of being a boy
- Be supportive of the son's creative side, such as art or music

## For Girls:

- Increase quality mother-daughter time
- Offer parental praises of your daughter as a female
- Encourage same sex friendships and activities

## Encourage Wellness

- Affirm your child's born gender
- Encourage bonding with a parent/mentor of the same sex and positive reinforcement
- Promote an environment where the child feels love and encouragement from the same sex parent
- Encourage the child to play with same sex peers
  - Caretakers should not make fun of the child
  - Discourage the child dressing/acting like the opposite gender
    - Practice listening skills with your child
  - If the opposite sex parent is over-bearing, they should, to some degree, distance themselves from the child and affirm the other parent's gender

## What We Offer:

Annual Conferences  
Brochures  
Hope Group Online  
Newsletters  
Pastoral Support  
Support Groups  
Workshops

## Books:

A Biblical Q&A for Families  
A Mother's Devotional  
A Wife's Perspective  
Dangerous Affirmations  
My Daddy's Secret  
Understanding Gender Confusion  
When Hope Seems Lost

\*Books are available through:  
Help4Families, Xulon Press and Amazon.com



# Help 4 Families

# Gender Identity

# DySphoria

## Help 4 Families

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Make a difference in your  
child's acceptance and  
affirmation of their naturally  
born gender