



FTX INDIVIDUAL KIT LIST

Cadets must have:	Packed
SLEEPING BAG	
SLEEPING PAD	
Rain jacket appropriate to season	
Warm sweater x2	
Pants (not jeans, fleece is recommended with nylon pants over) x2	
Change of undergarments x2	
Change of socks x4	
T- shirts/ long sleeve shirts x2	
Base layer (long johns) recommended	
Wind layer (recommended)	
Boots/ outdoor footwear suitable for wet weather (recommended to have a second pair of shoes)	
Gloves (both light and heavy are recommended)	
Toque	
Pj's if desired	
Towel	
Wash cloth	
soap	
Toothbrush/toothpaste	
Rucksack/backpack/kit bag lined with garbage bag that can be carried	
Small back pack for day use	
Provincial health card	
Flashlight	
Water bottle x2 (one should be 1 liter size)	
Cadets may wear if they have them:	
Combat boots	
Combat tunic (olive green Canadian Only)	
Combat Pants (olive green Canadian Only)	
***Cadets must wear complete sets and not parts ie, proper headdress (beret or tilly) must be worn, dark blue shirt, combat tunic, combat pants, and boots. Civilian attire must not be mixed with combats.	
Cadets are strongly recommended to have:	
Rain pants	

Cadets may not bring:	
Cell phones/smart phones/blackberries;	
Ipods/ mp3 players	
Food of any kind (attracts animals) (includes drinks other than water)	
Knives of any kind	
Alcohol or drugs	
Pyrotechnics	
Laser pointers	
Lighter/ matches	
Cigarettes and cigars	