

Summer University August 2013

Zadar

Hot bright sunlight, warm sea breeze and the pleasant smell of Maraschino greeted us the moment we stepped from the airplane and found ourselves in one of the beautiful pearls of Croatia - Zadar! Last April it was chosen to host the 15th EPSA Summer University for enthusiastic pharmacy students from all over Europe. The conference lasted only seven days, but what a great week it was! Full of memorable events: from interesting educational seminars to crazy wild parties - SU was full of surprises!

It started off with the amazing opening ceremony and warm greetings from the Croatian Reception Committee (RC), where over 150 participants met each other, made new friendships and learned how to say "Cheers" in different languages. On the following day, the vast majority of us went to the seaside for a swim in the warm Adriatic sea (to get rid of the previous night's hangover) and later in the afternoon we went on a group sightseeing tour around Zadar: admiring beautiful streets, architecture and listening



to the sounds of the famous Sea Organ. After Monday, our daily routine consisted of morning workshops, afternoon visits to the beach, evening sightseeing to watch the incredible Zadar sunset, and of course the great parties with different themes every night.

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Both social and educational parts of the conference were very well organised - every day EPSA trainers were running interactive workshops on various topics such as communication skills, decision making, body language, CPD, etc... They were really useful for participants, allowing them to learn necessary skills and work together as a team. The seminar on asthma was of a particular interest and was attended by many participants, where they learned about



inhaler technique and how to counsel patients with asthma. Later in the week we even had the chance to take part in the skin cancer campaign on one of the Zadar's beautiful beaches - we were walking among the sunburnt public, offering them sun creams (while distracting their sunbathing) and telling them about skin protection against cancer.

It was one of the best EPSA events I have attended so far and I can't wait for the next one!

The social programme was even more entertaining, including the infamous wild international night with a range of exotic (if not lethal) drinks, cultural food and music; beautiful Gala dinner and numerous parties on the beach bar where we never missed a chance of night drunk swimming.

The highlight of the conference was, of course, the day trip to the national park KRKA. It offered us the sensational views of waterfalls, lakes, forests, as well as showing us exotic animals including poisonous snakes. As we reached the waterfalls, we had a nice swim in the cool lake, took lots of group photos and had a great picnic on the bank of the lake.

Overall the conference was a success (excluding few drunk incidents like a broken arm or falling on the steps near Sea Organ). It was one of the best EPSA events I have attended so far and I can't wait for the next one!



So my dear readers, if you are new to EPSA and in doubt where to go on holiday, apply for one of the EPSA events and you won't regret it, we guarantee you a lot of fun! And don't forget, you will also get a certificate of attendance that will look great on your CV. From EPSA with love!



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