

# NEED MORE? GET MORE.



## Cigna Dental Oral Health Integration Program

Get the dental services you need for your medical condition. And get your money back too. Enroll in the Cigna Dental Oral Health Integration Program® today.

### What is the Cigna Dental Oral Health Integration Program?

It's a program that reimburses out-of-pocket costs for specific dental services used to treat or help prevent gum disease and tooth decay. The program is for people with certain medical conditions that may be impacted by dental care. There's no additional cost for the program – if you qualify, you get reimbursed!\*

### Do I qualify?

If you have a Cigna medical or dental plan, you're eligible for the program. It doesn't matter if you have Cigna health insurance or not. The only requirement is that you're currently being treated by a doctor for:

- › Heart disease
- › Stroke
- › Diabetes
- › Maternity
- › Chronic kidney disease
- › Organ transplants
- › Head and neck cancer radiation

### How does it work?

When you visit your dentist, you will pay your usual copay or coinsurance amount. As a reminder, your copay is the fixed amount you pay for covered services. And your coinsurance is the percentage of costs you pay for covered services. Next, your dentist will send Cigna a claim. We review the claim and will refund your copay or coinsurance for eligible services. Once we receive your claim, you can expect to be reimbursed in about 30 days.

**By getting the right oral health care, along with regular medical treatments, you may be able to improve your overall health.**

\*You do not need to meet your plan's deductible to receive reimbursement for these services. However, any reimbursement you receive will apply to and is subject to your plan's annual maximum. If you have coverage for out-of-network services you may choose to visit an in-network or out-of-network dentist. However, remember that it's a good idea to use an in-network (participating) dentist. Participating dentists have a contract with Cigna. This means you pay less.

**Together, all the way.™**



Offered by: Cigna Health and Life Insurance Company or their affiliates.

This flyer is not intended for use in New Mexico.

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## What dental services are covered under the Cigna Dental Oral Health Integration Program?

Check the chart below to see which dental services are covered for each qualifying medical condition.

Medical Conditions (check mark indicates covered dental service<sup>1</sup>)

Dental Services	Heart Disease	Stroke	Diabetes	Maternity	Chronic Kidney Disease	Organ Transplants	Head and neck cancer radiation
Periodontal Treatment & Maintenance (D4341, D4342, D4910 <sup>2</sup> )	✓	✓	✓	✓	✓	✓	✓
Periodontal Evaluation (D0180)				✓			
Oral Evaluation (D0120 <sup>3</sup> , D0140 <sup>3</sup> , D0150 <sup>3</sup> )				✓			
Cleaning (D1110 <sup>4</sup> )				✓			
Emergency Palliative Treatment (D9110 <sup>5</sup> )				✓			
Topical application of fluoride & Topical application of fluoride varnish (D1206 <sup>6</sup> )					✓	✓	✓
Topical application of fluoride – excluding varnish (D1208 <sup>6</sup> )					✓	✓	✓
Sealants (D1351 <sup>6</sup> )					✓	✓	✓
Sealant Repair – per tooth (D1353 <sup>6</sup> )					✓	✓	✓

1. Eligibility, reimbursement and coverage for eligible services are subject to plan year maximums.
2. Four times per year.
3. One additional evaluation.

4. One additional cleaning.
5. No limitations.
6. Age limits removed, all other limitations apply.

### What other perks does the Oral Health Integration Program include?

Save even more money by enrolling today. When you join the program, you get discounts on prescription mouthwash, gels and toothpaste. And, Cigna Home Delivery Pharmacy<sup>SM\*\*</sup> is here to help you get these items sent right to your home.

You can ask us for information on issues that affect your oral health and your overall wellness – such as fear of going to the dentist. Or the impact of stress or tobacco products. We'll also give you advice on how to overcome these behaviors.

**To learn more call us 24/7 at 800.Cigna24.**

### How do I enroll?

1. Fill out the registration form. This is required only one time per qualifying medical condition. You can find it on **myCigna.com** if you are a customer, or by calling the number on your ID card. Remember to check off any additional information you may want about Cigna Home Delivery Pharmacy discounts and/or behaviors that can affect oral health.
2. Mail in your completed form to Cigna at the address listed on the registration form.
3. Visit your dentist and pay your usual copay or coinsurance amount for the covered service. We'll send your reimbursement in about 30 days.



\*\*Pharmacy discounts are available through Cigna Home Delivery Pharmacy only. **This is a discount and is NOT insurance.** This discount is separate from your dental benefits and you are required to pay the entire discounted charge. You should check any insurance or other benefits you have before using these discounts, as those benefits may result in lower costs to you.

The Cigna Dental Oral Health Integration Program may not be available under your specific plan. Reimbursement under OHIP is subject to plan terms and conditions, including applicable annual benefit maximums and other exclusions and limitations. For costs and details of coverage, contact your Cigna representative or see your plan documents.

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