

Camp Application

Complete Package Basketball Camps

PLEASE PRINT

Name:

Address:

City/State/Zip:

Grade (Fall of 18):

Home Phone:

Emergency Phone:

Email:

(PRINT CLEARLY PLEASE)

Please Mark which camp(s) you wish to attend

Camp 1: Rhinelander: June 27-28 (\$75)

Camp 2: Wausau: July 10-11 (\$75)

Camp 3: Wausau: (girls) July 11-12 (\$75)

Camp 1 & 2: (\$125) Save \$25!

Adult T-shirt size (circle): S M L XL XXL

****Please make checks payable to
Complete Package Basketball****

Areas of Emphasis

- Shooting (Form, Footwork, Finishing)
- Ball Toughness
 - Creating Space
 - Playing through contact
 - Handling pressure
- Footwork
 - Pivoting
 - Jump stops
 - Post moves
 - Squaring up
- Passing
- Catching
- Getting open
 - Cutting
 - Screening
 - Moving
- Man Defense
- Off ball defense
- Rebounding
- Decision making
- Leadership



Our Expectations

Players will come to camp ready to give maximum effort and improve. They will have a growth mind set that focuses on their growth as a whole player. They will respect coaches, campers, equipment, and facilities throughout the entire camp.

Contact Us

Complete Package Basketball Camps
310 Wilson St
Rhinelander, WI 54501

Nate Lemmens
(715) 482-7909
Email: completepackagebball@gmail.com

Derek Lemmens
(715) 490-2817
Email: completepackagebball@gmail.com



Complete Package Basketball Camps

**“Don’t be a one dimensional
basketball player,
be the Complete Package”**

Complete Package Basketball Camp

Camp 1: Rhinelander

Rhinelander High School

Wednesday, June 27 (9:00-3:00)

Thursday, June 28 (9:00-12:00)

Camp 2: Wausau

Wausau West High School

Tuesday, July 10(9:00-3:00)

Wednesday, July 11 (9:00-12:00)

****Camp 3: Girls 5th –9th Grade****

Wausau West High School

Wednesday, July 11(12:30-3:30)

Thursday, July 12 (9:00-3:00)

Boys 5th-9th grade

(Based on 2018-2019 school year)

\$75.00 per participant

Not like the Rest

There are a lot of basketball camps that work on offensive skills such as better dribbling, shooting, and being a better scorer. Complete Package Basketball Camps give players an opportunity to become better all around players while also focusing on the key offensive skills. Basketball is a sport that requires players to perform in all facets of the game; Rebounding, defending, post play, and other areas that don't get the same attention, but are equally important. Complete Package Basketball Camps designs it's drills and competitions to focus on the entire game of basketball.

What to expect

Complete Package Basketball Camps have created curriculum with the complete player in mind. Drills and competitions are designed to work on all areas of the game; passing, shooting, dribbling, rebounding, defending, getting open, screening, post play, and many more. These will be multi faceted drills that will engage players while breaking down and teaching each individual skill before applying them to a number of competitions. Our goal is to teach these skills and practice applying them in a competitive and controlled environment where players will receive immediate feedback and on the spot teaching and coaching. These are not system specific skills, but instead concepts that can be applied to all coaching styles and beliefs. When your son has finished our camp, he WILL be a more complete player.

Meet the Coaches

Coach Derek Lemmens

Coach Derek Lemmens is in his eighth year at Rhinelander High school as a varsity coach and teacher. In those eight years at Rhinelander has won 4 conference championships and made 3 sectional appearances, including a sectional final appearance in the 2013-14 season. Rhinelander has had 4 conference POY, 4 Channel 7 All-Stars, 4 NABC North All Stars, and 1 All state player in his 7 years. Derek was selected as the WBCA D2 All Star coach in 2016. Derek has also been an assistant at both varsity and collegiate levels and has been working basketball camps for over 18 years.

Coach Nate Lemmens

Coach Nate Lemmens just finished his fifth year at Wausau West High School. In his five years at West, he has had four first team all conference selections, as well as three second team all conference selection. He has also coached one WBCA All Star and was selected as an assistant coach for the WBCA All Star game in 2016. Nate was WVC Coach of the year in 2016. Before coming to West, Coach Nate Lemmens was an assistant coach at Milwaukee Hamilton High School where he coached two Milwaukee City Conference POY, three all-state players, one Mr. Basketball in Wisconsin, and one AP Player of the year. Milwaukee Hamilton made it to the State Tournament in 2011 and was ranked in the top 10 in the state all three years that Coach Nate Lemmens was there. Two Players he coached went on to play D1 basketball; Elgin Cook (Oregon), Kevon Looney (UCLA). Kevon Looney was a McDonald's all American and was drafted by the Golden State Warriors in the first round of the 2015 NBA draft.

Testimonials

"The Lemmen's brothers, Derek and Nate, are two of the very best coaches we have in the state of Wisconsin. They teach the fundamentals of the game and at the same time emphasize important character traits such as work ethic, selflessness, and mental toughness. For the last four summers I have been sending my own son to work with them, and I am pretty picky about who works with him"

Tom Diener

(5x D1 State Champion, 3x WI HS coach of the year, McDonalds All American head coach 2007, Team USA U18 Head coach 2005)

Derek Lemmens is an outstanding, young and energetic high school basketball coach. I've known him since my days as the Rhinelander basketball coach and Derek was an enthusiastic youngster in our Hodag youth program. He was a "gym rat" then and still has tremendous passion for the game. Most importantly, he knows what is truly important for players to learn and practice to improve their respective games. He believes in quality over quantity and understands that the ability to improve your skills while nurturing your love for basketball are important traits to gain from a camp experience. Derek and his brother Nate will conduct a great camp that helps young players improve as much from the "neck up" as they do from the "neck down." In simple terms, character and physical ability will be emphasized under their direction.

Jack Bennett

(2x NCAA DIII National Champion Coach)

As a player, Nate clearly understood the value of fundamentals. He got the most out of his ability through commitment to getting better and his competitive mindset. As a point guard, he made his teammates better and demanded a winning mentality and work ethic from them. He has the perfect background to be a successful coach and mentor for young athletes.

Drew Diener

(Head Coach DII Rockhurst University, 2013 NAIA National Champion coach at Cardinal Stritch, 2013 NAIA National Coach of the year.

COMPLETE PACKAGE BASKETBALL CAMP GENERAL RELEASE AND WAIVER FORM Date of Camp: June 27-28/July 10-11 & July 11-12 2018

Consent for Medical Treatment: By signing below, I am giving my consent in advance for medical treatment at an appropriate medical facility in case of illness or injury to my son/daughter.

Liability Waiver By signing below, I am stating that I am aware of and accept the risk inherent in my son/daughter participating in basketball camp. By signing below, I agree to hold harmless and indemnify Derek Lemmens, Nathan Lemmens, Wausau West High School, their officers, agents and employees, Rhinelander Athletic Assistance Program, Inc., and all coaching staff from any and all liability, loss, damages, costs, or expenses which are sustained, incurred or required to my son/daughter and/or arising out of the actions of my son, daughter or ward in the course of the camp.

Photo and Video Release By signing below, I understand that Complete Package Basketball Camp, Derek Lemmens and/or Nathan Lemmens, may take photographs and/or videos of camp participants (including my son/daughter) and activities. I agree that Complete Package Basketball Camp, Derek Lemmens and/or Nathan Lemmens, shall be the owner of and may use such photographs and/or videos relating to the promotion of future camps. I relinquish all rights that I may claim in relation to the use of said photographs and/or videos of or which might include my son/daughter.

Camp Concussion/Head Injury Form By signing below, I have been provided and read the concussion and head injury information sheet. I understand that there is a risk of injury during athletic participation and I agree to disclose any signs and symptoms of a concussion to the camp coaching staff. I also understand that I will be removed from play to eliminate the risk of further injury and will not be able to resume participation until evaluated and cleared by a health care provider who has experience with evaluating and managing pediatric concussions and head injuries.

Date: _____

Participants name:

Signature of parent/guardian:
