

# 7th Annual LS North Kris Solsberg Cross Country Invitational

(Information Interest Flyer)

(\$5 Admission for Parking - Please inform parents)

8/7/17

**Date:** Saturday September 2, 2017

**Site:** Jacomo Cross Country Course  
Lake Jacomo, Shelter 14  
Blue Springs, MO 64015

**Course:** 3.1 mile XC Course . Surface is a manicured grass path that crosses the parking lot driveway several times. Spikes may be worn. Maps will be provided at a later date.

**Race Times**

7:30 AM	Coaches Meeting
8:00 AM	JV Girls (unlimited entries)
<b>8:45 AM</b>	<b>JV Boys (unlimited entries)</b>
9:15 AM	Varsity Girls (10 entries)
<b>9:45 AM</b>	<b>Varsity Boys (10 entries)</b>

**Entry Process:** Athletes must be entered by coaches by Wednesday August 30<sup>th</sup>. Directions below.  
**(TEAMS CAN HAVE 10 ENTRIES FOR THE VARSITY RACES AND UNLIMITED ENTRIES FOR THE JV RACES.)**

**Entry Fee:** \$150 boys & girls team or boys \$100 team and girls \$100 team. Make checks payable to LSR7 Athletics Mail to:  
Rich Bechard, District Athletic Director  
Stansberry Leadership Center  
301 NE Tudor Rd.  
Lee's Summit, MO 64086

**Awards:** **Varsity Division:** Medals to the top 25 in each division. Plaque awarded to the top 2 schools.  
**JV Division:** Medals to the top 25 in each division.

**Entry Information:** Send entries to Ryan Shortino [ryan.shortino@lsr7.net](mailto:ryan.shortino@lsr7.net) on an excel spreadsheet, deadline of 3:00 PM August 30, 2017. Please Indicate: Last Name, First Name, Gender and Grade in separate columns. Example: Shortino, Ryan, Male, 9th

## **SCHOOLS ATTENDING**

### **BOYS**

Blue Springs South  
Lee's Summit  
Lee's Summit North  
Lee's Summit West  
Raytown South  
Warrensburg  
William Chrisman  
Clinton  
Kearney  
Cristo Rey  
Park Hill

### **GIRLS**

Lee's Summit North  
Raytown South  
William Chrisman  
Lee's Summit West  
William Chrisman  
Kearney  
Warrensburg  
Cristo Rey  
Lee's Summit  
Clinton  
Park Hill