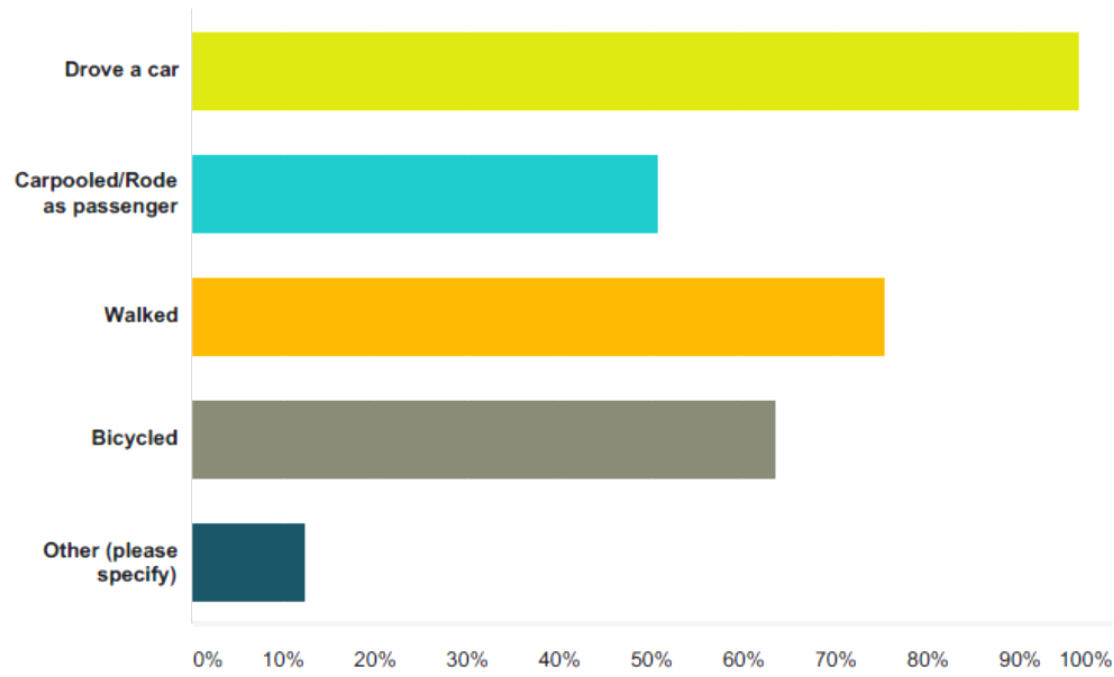




# Creating Healthy Communities

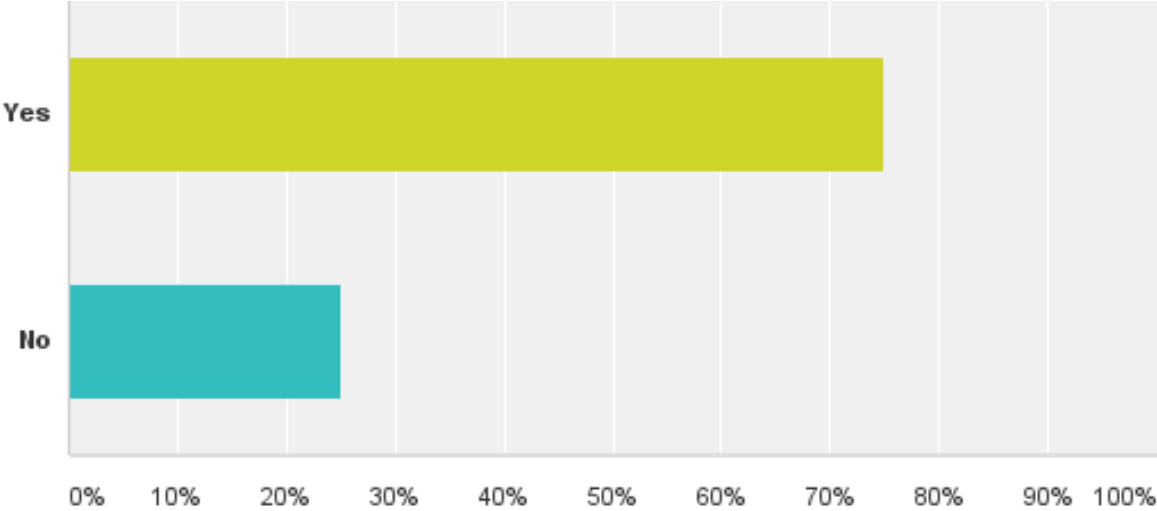
2015 North Coast Inland Trail Survey

Which of the following modes of transportation have you used in the past year to get from one place to another? (Select all that apply)



Answer Choices	Responses	
Drove a car	96.55%	196
Carpooled/Rode as passenger	50.74%	103
Walked	75.37%	153
Bicycled	63.55%	129
Other (please specify)	12.32%	25
Total Respondents: 203		

Have you utilized (walked, biked, skated etc.) the North Coast Inland Trail in the last year?



Answer Choices	Responses	
Yes	75.00%	153
No	25.00%	51
Total		204

What has prevented you from enjoying the use of the trail in the last year? (Select all that apply)

RESPONSE	NUMBER	FREQUENCY (%)
Was not aware the trail existed	8	16.3
Do not have nearby location to access trail	15	30.6
Too busy to walk/bike on trail	8	16.3
Concerns about safety/crime	13	26.5
Never thought about using the trail	5	10.2
Health issues prevent use	5	10.2
Physical disability prevents use	3	6.1
Don't want to use the trail	5	10.2
Other	5	10.2

Total Respondents: 49

What type of activity do you enjoy on the trail? (Select all that apply)

RESPONSE	TOTAL	FREQUENCY (%)
Walking/hiking	88	57.2
Biking	129	84.3
Jogging/running	90	58.8
Rollerblading	17	11.1
Walking pet	34	22.2
Other	4	2.6

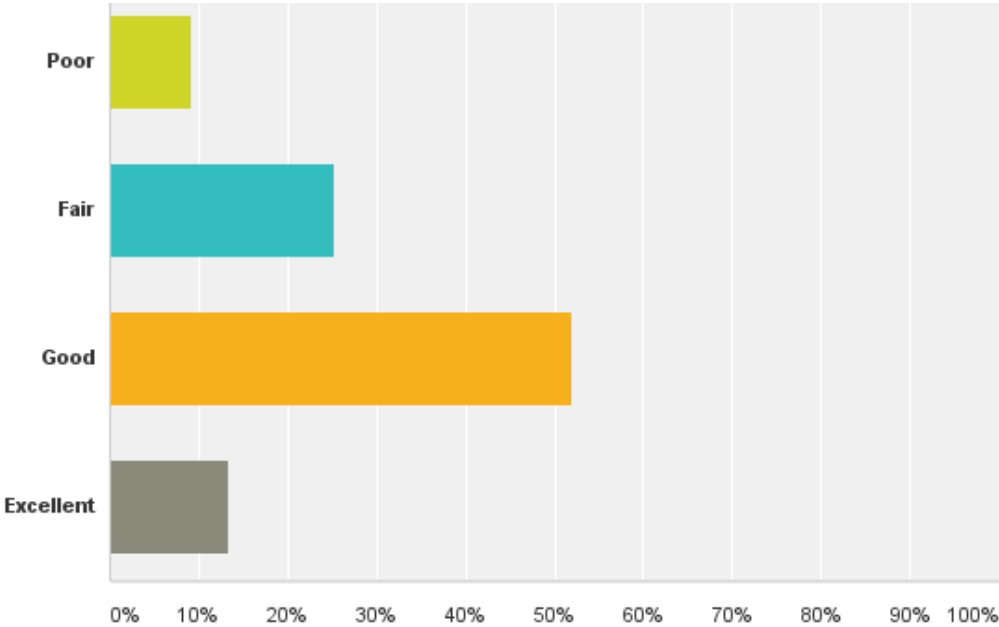
Total Respondents: 153

Please rank the following sections of the trail based on how often you use it (1 = most often used 6 = least often used)

RANK	SECTION	SCORE
1	East Side Park to Hayes	4.6
2	Clyde to East Side Park	4.2
3	Walter Ave. to Lindsey	4.0
4	Lindsey to Elmore	3.3
5	Street Route	2.9
6	Bellevue to Clyde	2.7

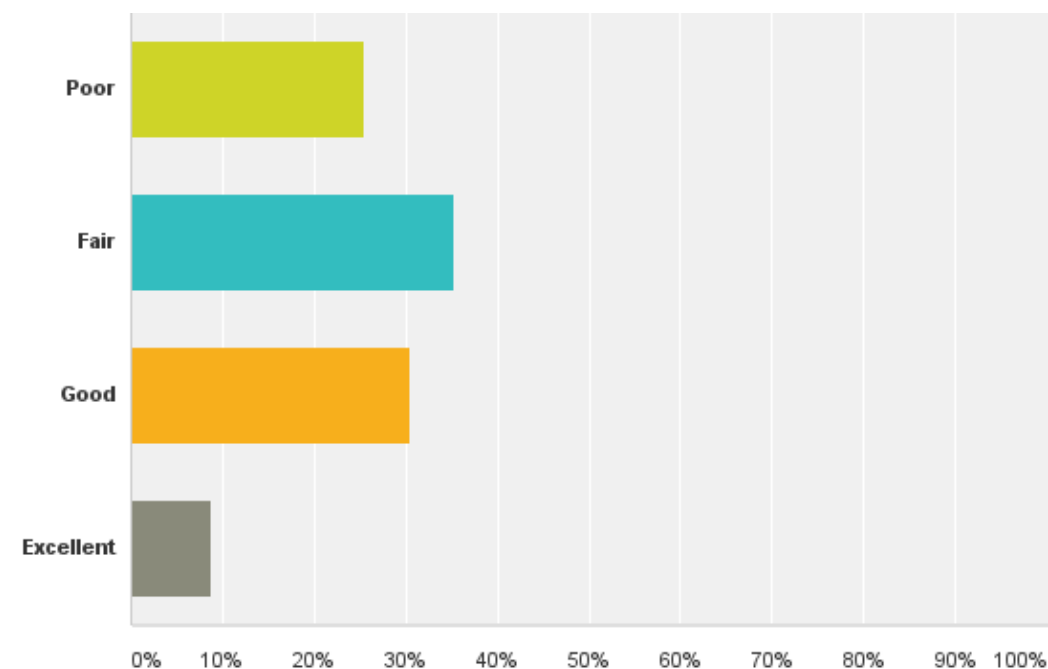
Answered: 168

In your opinion, the SAFETY along the trail is...



Answer Choices	Responses	
Poor	9.28%	18
Fair	25.26%	49
Good	52.06%	101
Excellent	13.40%	26
Total		194

In your opinion, the SECURITY along the trail is...



Answer Choices	Responses	
Poor	25.39%	49
Fair	35.23%	68
Good	30.57%	59
Excellent	8.81%	17
Total		193



Please rate your level of satisfaction with the following trail maintenance efforts.

	Very dissatisfied	Dissatisfied	Satisfied	Very satisfied	Total
Trail surface repairs	1.74% 3	4.07% 7	60.47% 104	33.72% 58	172
Trash removal	2.91% 5	4.65% 8	66.86% 115	25.58% 44	172
Debris removal	2.34% 4	15.20% 26	59.65% 102	22.81% 39	171
Graffiti control	4.65% 8	12.21% 21	53.49% 92	29.65% 51	172
Mowing of vegetation	2.34% 4	6.43% 11	60.23% 103	30.99% 53	171
Tree and shrubbery trimming	2.92% 5	11.70% 20	58.48% 100	26.90% 46	171
Bench repairs/improvements	2.91% 5	5.81% 10	59.30% 102	31.98% 55	172

Answered: 173

Please rate the following based on how strongly they are needed on the trail.

	Not needed at all	Somewhat needed	Nice to have, but not needed	Very needed	Highly needed	OVERALL NEED
Benches	6.4%	26.9%	31.0%	29.8%	5.6%	<b>35.7%</b>
Picnic Tables	31.4%	11.6%	50.6%	4.7%	1.7%	<b>6.4%</b>
Trash Cans	2.3%	16.2%	12.7%	46.2%	22.5%	<b>68.8%</b>
Restrooms	7.0%	7.0%	20.9%	35.5%	29.7%	<b>65.1%</b>
Water Fountains	4.1%	5.8%	24.3%	37.6%	28.3%	<b>65.9%</b>
Traffic Signs	8.7%	12.7%	19.7%	38.2%	20.8%	<b>59.0%</b>
Destination Signs	5.2%	10.4%	36.4%	31.2%	16.8%	<b>48.0%</b>
Trail Etiquette Signs	4.6%	15.0%	32.4%	31.2%	16.8%	<b>48.0%</b>
Local Art	29.1%	11.1%	47.1%	7.6%	5.2%	<b>12.8%</b>

Answered: 174

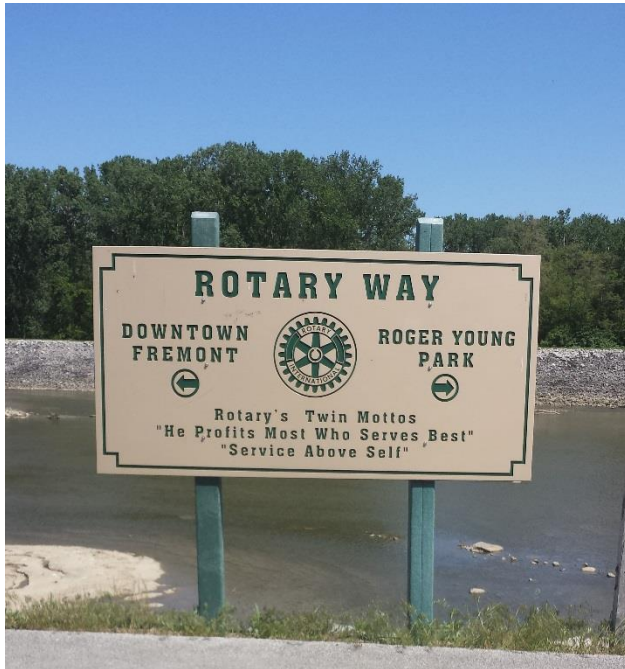
Please rate the following based on how strongly they are needed near trail access locations.

	Not needed at all	Somewhat needed	Nice to have, but not needed	Very needed	Highly needed	OVERALL NEED
Bike Racks	11.1%	14.5%	39.5%	27.9%	7.0%	34.9%
Destination Signs	5.2%	11.6%	29.7%	37.8%	15.7%	53.5%
Parking	4.1%	9.9%	14.6%	41.5%	29.8%	71.4%
Restrooms	4.0%	9.2%	14.4%	39.7%	32.8%	72.4%

Answered: 174

## Connecting the Trail to Downtown Fremont...

“ We travel to other rails to trails, when you enter a town there is almost always a little park, maybe restrooms and it is usually near the downtown with a place to stop for lunch. Fremont does not have this, it is too bad because it could be a great boast to the downtown business. Even with signs directing people, there is no real good way to do it.”



## Restrooms and Water Fountains...

“Water fountains would be a welcoming blessing for us runners. Especially on the long stretch to Clyde.”

“ Love the trail! Would like to see restrooms between Park/Hayes and East Side Park.”

“Water out between Clyde and Fremont would be a nice addition , that's often a hot section to run.”

“Drinking fountains from Hayes to Clyde. At least one.”

“Distance traveled to/from major entry points would be nice.”

“More mileage markers.”

“More postings about cleaning up after dogs.”



“Lack of signage makes me nervous taking my kids to bike ride. Cannot usually just relax and enjoy the experience because lanes are not marked. I am always looking behind me to see who’s coming, telling the kids to move back over, etc.”





### Adding Focal Points

“My family recently visited Bloomington, IN and were pleasantly surprised by their "B Line." It is a very nice trail through town. The "B Line" has different pieces of artwork, well landscaped areas as well as historical markers and a few fitness stops along the way. It's amazing how those little focal points change their trail from just a vehicle free area to a real place of pride for the community. Our trail covers more territory, but maybe getting some local groups involved would provide an opportunity to increase/enhance the appearance of what already is a great community asset.”



I feel safe sharing the trail with all types of users (walkers, bikers, runners, skaters, etc.

RESPONSE	NUMBER	FREQUENCY (%)
Strongly Disagree	5	2.9
Disagree	14	8.1
Agree	90	52.3
Strongly Agree	63	36.6
TOTAL	172	100

I feel safe yielding to oncoming traffic at crossroads

RESPONSE	NUMBER	FREQUENCY (%)
Strongly Disagree	6	3.5
Disagree	16	9.4
Agree	98	57.3
Strongly Agree	51	29.8
TOTAL	171	100

I feel safe sharing the trail with motorists when taking the route through town.

RESPONSE	NUMBER	FREQUENCY (%)
Strongly Disagree	26	15.7
Disagree	73	44.0
Agree	50	30.1
Strongly Agree	17	10.2
TOTAL	166	100

The absence of bike lanes prevents me from taking the street route through town.

RESPONSE	NUMBER	FREQUENCY (%)
Strongly Disagree	12	7.3
Disagree	32	19.4
Agree	66	40
Strongly Agree	55	33.3
TOTAL	165	100

“The route from the West Side of Fremont down State Street can be very dangerous, as well as on Brush Street. Cars do not always give cyclists room. Maybe more signs on those streets making cars more aware about Share the Road procedures.”



I am concerned about criminal activity on the trail.

RESPONSE	NUMBER	FREQUENCY (%)
Strongly Disagree	13	7.5
Disagree	48	27.8
Agree	59	34.1
Strongly Agree	53	30.6
TOTAL	173	100

Which of the following would you like to see more of on the trail (Select all that apply)

RESPONSE	NUMBER	FREQUENCY (%)
Trail Patrol Volunteers	124	79.0
Park Rangers	102	65.0
Programs	49	31.2
Events	61	38.9

“ Volunteers need to spend more time between Hayes/East Side.”

“There are few patrols during peak running times- early morning and evening.”

“Bicycle events down the trail would be fun.”

Results from this survey led the coalition to identify the trail's needs, and put together an implementation plan for 2015 to increase usage of the trail.

## **2015**

- Trailhead destination signs
- Trailhead parking signs
- Trail etiquette signs
- Park ranger contact information
- Trash cans
- Bike racks



## 2016 Share the Road Campaign

- Educate and inform bicyclists and motorists how to Share the Road.
- Work with City Engineers and Street Departments to install Shared Lane Markings or “Sharrows” along the NCIT street route.
- Work with City Engineers and Street Departments to install Share the Road traffic signs along the NCIT street route.

