## Newborn Home Visits

A newborn home visit is an opportunity for families to get peace of mind and ask in-depth questions about the health and safety of their new baby. The visit is conducted by a registered nurse who is specially trained in working with families with new babies. Newborn home visits are free and are provided soon after the baby comes home from the hospital. The home visit includes a screening for families to see if they qualify for Cribs for Kids®.





Since 1998, Cribs for Kids® National Infant Safe Sleep Initiative has been making an impact on reducing the rate of infant sleep-related deaths due to accidental suffocation, asphyxia, or undetermined causes in unsafe sleeping environments. The mission of Cribs for Kids® is to prevent these deaths by educating parents and caregivers on the importance of practicing safe sleep for their babies and by providing Graco® Pack 'n Play® portable cribs to families who, otherwise, cannot afford a safe place for their babies to sleep.

To schedule a newborn home visit, please call (419) 334-6377 and ask for a Newborn Home Visit.

## What the nurse will do:

Each visit is unique and focuses on the needs of the family. Some families may have lots of questions, and some families may just want reassurance. The visit may include:

- Discuss Safe Sleeping arrangements and the importance of following current guidelines
- Provide a Pack–n-Play for those who qualify
- Providing information about breastfeeding and feeding support
- Assess for adjustment to new parenting role
- Offer information on local community resources and assist with referrals as needed
- Provide education about health, development, and safety
- Assisting with any of your health needs or concerns

Visits are available for Sandusky County families and new babies. This program is funded through the generosity of the Sandusky County United Way and the Sandusky County Health Department.

If you would like a visit, simply call the Sandusky County Health Department at 419-334-6377



United Way of Sandusky County