

COFFEE BY LA COLOMBE

W/Almond or oat milk ADD 0.50

HOUSE COFFEE 3.50

COLD BREW 5

MATCHA BY TENZO TEA

PREMIUM ICED MATCHA GREEN TEA LATTE 5.25

W/Almond or oat milk ADD 0.50

COLD DRINKS

SODA (33CL) 1.75

Coca-Cola / Diet-Coke / Coca-Cola Zero / Sprite

ARNOLD PALMER 4.50

FRESH LEMONADE 3.75

MINT LEMONADE 4

STRAWBERRY, BLUEBERRY OR CUCUMBER LEMONADE 4.50

FRESH ORANGE JUICE 4.50

FRESH GRAPEFRUIT 4.25

TOPO CHICO SPARKLING WATER 2.75

FOODLAB WATER 1.75

HOMEMADE ICED TEA 3.25

Black, Green or Mint

LITTLE WEST 9.50

Cold-pressed juices

DESSERTS

COOKIE BY DELUSCIOUS 3.95

Chocolate Decadence / Oatmeal Raisin / Peanut Butter /

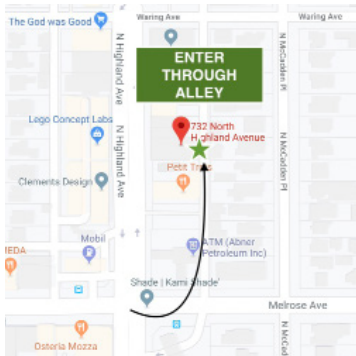
Chocolate White Chocolate Toffe / Vegan GF Chocolate chip

GLUTEN FREE COOKIE 4.50

Chocolate Chip / German Chocolate / Pecan Pie

Double Chocolate Brownie

WILD BERRY CRUMBLE 5.95



Monday-Friday 8am-4pm

Saturday 8am-3pm

Closed on Sunday

732 N Highland Ave
Los Angeles, CA 90038

Tel: 323 851 7120

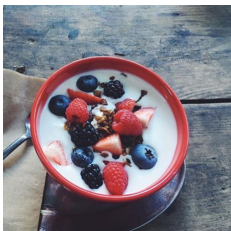
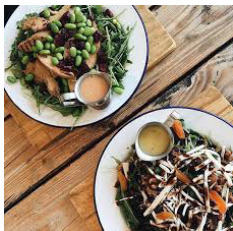
Order through our website

FOODLAB-LA.COM

Download & order through our app

Text FOODLAB to 33733

5% set up fees will be automatically added for any order of \$150 and above



We look forward to your comments and suggestions: foodlabla@gmail.com

FOODLAB.

IN THE ALLEY

In the alley 732 N Highland Ave, Los Angeles, CA 90038

LOVE. EAT. DRINK. SMILE. FOODLAB

BREAKFAST - ALL DAY

Monday - Friday, 8am- 4pm & Saturday 8am-3pm

FOODLAB - FAVORITES

BELOVED BREAKFAST BURRITO 12

Egg, corn, tomato, peppers, cheese & spices served with avocado cream, salsa & hot sauce

SCRAMBLED EGG SANDWICH 11.50

Bacon, aioli & gruyere on sourdough (AVOCADO ADD 3.50)

HARD BOILED EGG TOAST 9.75 (AVOCADO ADD 3.50)

Bacon, aioli & arugula on multi-grain

AVOCADO TOAST 11.50

Tomato, chili peppers, olive oil, sea salt, sprout on multi-grain

THE SUNNY AVOCADO 12

Sunny side egg, radish sprouts, arugula, romesco sauce, open faced on multi-grain

PARIS HAM CROISSANT 8.95

French ham & gruyere w/ mustard side on croissant

BERRY WAFFLE 10.50

Two Belgian style sugar waffles with fresh berries and real maple syrup

PEANUT BUTTER & JELLY 8

On pain de mie

ORGANIC GREEK YOGURT 9

Pistachio, mint & Turkish honey

HOMEMADE GRANOLA PARFAIT W/ EUROPEAN YOGURT 7.95

MORE AMAZING BREAKFAST OPTIONS

QUICHE LORRAINE 14

Egg, ham, cheese, onion. Served warm w/ salad

VEGETARIAN QUICHE 14

Egg, spinach, brie cheese. Served warm w/ salad

FRESH CUT FRUIT SALAD 4.95/6.95

WILD BERRY CRUMBLE 5.95

CROISSANT 3.50

BAMBOLINI PLAIN 3.50 (STRAWBERRY JAM OR NUTELLA ADD 0.50)

OFF THE FARM 3.50

Gluten-Free nutrition bar - 7 grams protein

ADD

AVOCADO 3.50

BACON (3 PC) 4.75

HAM (2 SLICES) 4.75

GRUYERE 3.25

BRIE (2 SLICES) 3.25

SUB GF BREAD 1.50

LUNCH

Monday - Friday, 8am-4pm / Saturday 8am-3pm

Sunday closed

VEGETARIAN SANDWICHES

All of our sandwiches are served with a side of cornichons. However, we suggest to add a daily fresh side salad.

GREEN LAB 12

Black bean mash, avocado, tomato, pickled onion & carrot, radish queso & sriracha mayo on multi-grain baguette

THE GARDEN 11

Hummus, avocado, radish sprout, tomato, cucumber & carrot on multi-grain baguette

THE CAPRESE 12

Nut free pesto, tomato, mozzarella & Greek olive oil on baguette

GOURMET SANDWICHES

All of our sandwiches are served with a side of cornichon. However, we suggest to add a daily fresh side salad.

GRILLED CHEDDAR CHEESE 11

On pain de mie. With tomato (ADD 1) / With bacon (ADD 3) / With fig jam (ADD 1)

THE CHICKEN AVOCADO 12.95

Avocado cream, queso fresco on ciabatta

THE CHICKEN BLT 12.95

Bacon, tomato, arugula & aioli on multi-grain baguette

THE CHICKEN SALAD 11.50

Apple, grape & arugula on multi-grain

THE CURRIED CHICKEN 11.50

Spicy curried chicken, lingonberry chutney on sourdough

THE FAMOUS WIENERSCHNITZEL 12.95

Breaded and pan fried cutlet of chicken w/ lingonberry chutney & aioli on ciabatta

THE FRIED BUTTERMILK BUFFALO CHICKEN 12.95

Iceberg lettuce, buffalo aioli on ciabatta

THE TURKEY LAB 12.95

Tomato, avocado, sprouts, pickled onion, black bean mash on multi-grain baguette

THE TURKEY BRIE 12.95

Turkey breast, brie, pear, honey & fig compote on multi-grain baguette

THE CUBAN 12.95

Pork loin, gruyere, ham, pickles & mustard on ciabatta

THE AUSTRIAN MEATBALL SANDWICH 12.95

Grass fed beef, secret sauce, onion & Dijon mustard on multi-grain baguette

THE TUNA SALAD 11.25

Green apple, olive tapenade on sourdough

THE TUNA MELT 11.95

Tuna/mayo salad w/ sharp cheddar melted on multi-grain baguette

*Prices subject to change without notice based on market fluctuations & gas prices...The good stuff costs more! Availability on seasonal items fluctuates based on seasons

ORGANIC SALADS

Although we pair our dressings, you may choose your own vinaigrette House (H), Lemon (L) or Olive oil & Balsamic. Extra dressing \$0.50

THE VEGAN (H) 11

Artichoke, tomato, edamame, carrot, radish, beans, cucumber & corn

SALAD TRIO (3 SIDE SALADS) 14

A selection of our daily side salads (proteins not included)

NICOISE (L) 13.50

Tuna/mayo salad, green beans, tomato, egg, potato, black olive with mixed greens

PULLED CHICKEN SALAD (H) 13.75

Served with arugula, apple, grape, mandarin, candied walnuts

CHICKEN ARUGULA SALAD (H) 13.75

Edamame, cranberry, candied walnut, Asian marinade

KALE CEASAR 13.75

Grilled chicken, organic kale, homemade croutons, & parmesan

CHICKEN COBB (L) 14.95

Grilled chicken, bacon, avocado, egg, gorgonzola, tomato on spring mix

TURKEY COBB (L) 14.95

Turkey breast, bacon, avocado, egg, gorgonzola, tomato on arugula

CURRY SALAD (L) 13.75

Spicy curried chicken, lingonberry, carrot, apple & cucumber on arugula

FAMOUS SCHNITZEL SALAD (L) 13.75

Famous chicken Schnitzel on greens w/ potato, cucumber salad, lemon

SALMON & QUINOA SALAD (L) 15.95

Grilled salmon filet, quinoa, arugula, avocado, tomato, orange, snap pea, lemon (SUB WITH CHICKEN 13.95)

SIDES & MORE

MINI VEGAN (H) 6.95

Artichoke, tomato, edamame, greens beans, cucumber & corn

SIDE SALAD

5 FOR 8OZ / 9 FOR 16OZ

Tomato & Mozzarella caprese salad / Cucumber with red onion & dill / Spinach & Basil Pesto pasta salad / Cold German Potato salad

SIDE OF TUNA SALAD, CHICKEN CURRY

5.95 FOR 8OZ / 10.95 FOR 16OZ

HOMEMADE TOMATO SOUP

4.75 FOR CUP

CHIPS - Rusty's / Dirty 3.50

SIDE GRILLED CHICKEN BREAST 5.50 / AVOCADO 3.50

ADD CHEESE : GORGONZOLA / BRIE / SMOKED GOUDA / SHARP CHEDDAR / GRUYERE OR GOAT CHEESE 3.25

PICNIC BOXES 24.50

EACH BOX INCLUDES
A SANDWICH OF YOUR CHOICE
A MINI VEGAN SALAD
A DAILY SIDE SALAD
A COOKIE BY DELUSCIOUS COOKIES
A BOTTLE OF WATER
A STICK OF GUM AND BIODEGRADABLE EATWARE