

# Breastfeeding Support Groups – Santa Cruz County



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Sutter Maternity</b> 2900 Chanticleer Ave Santa Cruz (831) 477-2229</p> <ul style="list-style-type: none"> <li>• Postpartum Wellness Group <b>10:00-11:30am</b></li> </ul> <p>\$5 suggested donation</p> <p><b>WIC Santa Cruz</b> 2205 Water St Santa Cruz (831) 426-3911</p> <ul style="list-style-type: none"> <li>• 1st Mon 10am Sp</li> <li>• 2nd Mon 2:15 En</li> <li>• 3rd Mon 2:15 Sp</li> <li>• 4th Mon 10am En</li> </ul> <p>WIC clients only</p>	<p><b>Sutter Maternity</b> 2900 Chanticleer Ave Santa Cruz (831) 477-2229</p> <ul style="list-style-type: none"> <li>• New Parent Support Group Babies 3 wks to 4 months of age. <b>10:00-11:30am</b></li> </ul> <p>\$5 suggested donation</p>	<p><b>Dominican Hospital</b> 610 Frederick Street Santa Cruz (831) 462-7862</p> <ul style="list-style-type: none"> <li>• Latch Clinic <b>9:00 am-11:00am</b></li> <li>• New Moms Group <b>11:30 am -1:00pm</b></li> </ul> <p>No fee</p> <p><b>Watsonville Hospital</b> 75 Nielson St Watsonville (831) 768-6204</p> <ul style="list-style-type: none"> <li>• New Moms Group <b>11:00 am-1:00pm</b></li> </ul> <p>No fee</p> <p><b>WIC Watsonville</b> 18 W Lake Ave Watsonville (831) 722-7121</p> <p><b>2:00-3:30pm</b> Spanish WIC clients only</p>	<p><b>Sutter Maternity</b> 2900 Chanticleer Ave Santa Cruz (831) 477-2229</p> <ul style="list-style-type: none"> <li>• New Parent Support Group Babies 4-9 months <b>10:00-11:30am</b></li> </ul> <p>\$5 suggested donation</p> <p><b>Santa Cruz Women’s Health Center</b> 125 Locust Street Santa Cruz (831) 427-3500</p> <ul style="list-style-type: none"> <li>• Postpartum Wellness Group for moms &amp; babies 0-6 months <b>10:00-11:30 am</b></li> </ul> <p>Sp &amp; En Health Center patients only</p> <p><b>Luma</b> 1010 Center St Santa Cruz (831) 325-2620</p> <ul style="list-style-type: none"> <li>• New Mom -Baby Connection <b>1:30-2:30pm</b></li> </ul> <p>\$5-10 suggested donation</p>	<p><b>WIC Watsonville</b> 18 W Lake Ave Watsonville (831) 722-7121</p> <ul style="list-style-type: none"> <li>• <b>9:30-11:00am</b> Spanish</li> </ul> <p>WIC Clients Only</p> <p><b>Full Moon Birth Center</b> 701 Mission Street Santa Cruz (831) 454-8031</p> <ul style="list-style-type: none"> <li>• Breastfeeding and Postpartum Circle</li> <li>• <b>10:00 -11:30 am</b></li> </ul> <p>Donation requested</p>	