

Lunch Menu @ Banh Mi Bay

Monday-Friday: 11:30am-4pm and 5:30pm-10pm, Saturday: 12pm-10pm
33 Cannon Street, London, EC4M 5SB Tel: 020 7489 7060
www.banhmibay.co.uk

Appetisers

Banh Phong Tom - Chilli and Plain Prawn Crackers £2.50

Goi Cuon - Summer Rolls

£4.25

Tiger prawns, sliced pork, rice vermicelli, lettuce and Vietnamese herbs wrapped in rice paper, served with a peanut hoi sin dipping sauce.

Bi Cuon - Caramel Pork Summer Rolls

£4.25

Shredded caramel pork, rice vermicelli, lettuce and Vietnamese herbs wrapped in rice paper. Served with nuoc mam dipping sauce. **GF**

Goi Cuon Chay - Vegan Summer Rolls (V) £4.25

Sliced tofu, rice vermicelli, lettuce and Vietnamese herbs wrapped in rice paper. Served with a peanut & hoi sin dipping sauce.

Cha Gio - Vietnamese Spring Rolls

£4.50

Fried pork and prawn rolls with lettuce for wrapping and nuoc mam dipping sauce. **GF**

Cha Gio Chay - Vegan Vietnamese Spring Rolls (V)

£4.50

Served with crisp lettuce for wrapping and a vegetarian nuoc mam dipping sauce.

Goi La Chuoi - Banana Blossom & Herb Salad

Shredded Banana Blossom petals, white cabbage, carrot, chilli lemon dressing, chilli, crushed roasted peanuts and a choice of topping below:

Tofu OR Prawn OR Pork **GF: £5.50**

Prawn AND Pork **GF: £6**

Mains

Pho Noodle Soup - Flat rice noodles in a hot 8 hour aromatic beef broth, served with delicate herbs on the side and seasoning sauces: **GF without Hoi Sin side sauce**

Rare Beef Pho	£8.25
Cooked Beef Flank Pho	£8.25
Tender Beef Brisket Pho	£8.25
Mixed Rare Beef, Flank & Brisket Pho	£8.75
Chicken Pho	£8.25
Mixed Beef & Chicken Pho	£8.75
Vegan Tofu & Veg in a Vegan Broth (V)	£8.25

Vermicelli Bun Noodle Salad - A lovely salad of thin rice noodles in a salad of lettuce, mint, basil, beansprouts, cucumber, lightly fried spring onion with a choice of:

Grilled Garlic Pork GF	£7.95
Grilled Satay Chicken GF	£7.95
Grilled Lemongrass Beef GF	£8.25
Grilled Lime Leaf Prawn GF	£8.25
Lemongrass Chicken Curry GF	£8.50
Spring Roll GF / Vegan Spring Roll	£8.50
Vegan Tofu	£7.95

Com - Steamed Rice Plates – Steamed Rice, side salad of cucumber, tomato and lettuce and choice of:

Grilled Garlic Pork GF without side Soy Sauce	£7.95
Grilled Satay Chicken GF without side Soy Sauce	£7.95
Grilled Lemongrass Beef GF without side Soy Sauce	£8.25
Grilled Lime Leaf Prawn GF without side Soy Sauce	£8.25
Lemongrass Chicken Curry GF without side Soy Sauce	£8.25
Braised Tofu and Veg	£7.95
Bay Special: Grilled Pork, Steamed Pork & Crab Meatloaf	£8.50
Shredded Caramel Pork GF without side Soy Sauce	

Side Dishes

Thit Nuong – Grilled Meats GF

Satay Chicken OR Garlic Pork £6.00
Lemongrass Beef OR Lime Leaf Prawn - £6.25

Sup Cai - Clear Broth Soup with Daily Veg GF £2.95

Com - Steamed Rice £2.50 GF

Goi Cay Trang - Tangy White Cabbage Salad £5.00

Crispy white cabbage with sweet onions, hot Viet Mint in a tangy fish sauce dressing with Chicken OR Tofu **GF**

Banh Mi Baguettes £6.25

Baguettes filled with pickled carrot and mooli, sliced cucumber, coriander, fresh chilli and a choice of a main baguette filling.

Rolled Spiced Pork Belly – with mayo, maggi seasoning

Pork Roll – with mayo, maggi seasoning

Vegan Tofu – with sautéed onion, sweet soy sauce

Grilled Chicken Satay – with sweet chilli sauce

Grilled Garlic Pork – with sweet soy sauce

Grilled Lime Leaf Prawn – with lemon juice

Grilled Lemongrass Beef – with sweet soy sauce

Bay Special: pate, spiced pork and pork roll – with mayo, maggi seasoning

Add OUR HOMEMADE VIET PATE to your Banh Mi for just 50p

Add EXTRA MEAT to your Banh Mi for just £1

Vietnamese Chicken Curry with plain baguette on the side £7.50

Desserts

Homemade Soft Chocolate Cake – With a scoop of Madagascan Vanilla Ice Cream £4.50

Kem Dac Biet - Artisan Vanilla ice cream with crushed peanuts and fruit coulis **GF** £4.25

Kem - Artisan Sorbets: Mango and/or Passion Fruit **GF** £4.00

For allergen information, please ask a member of staff