

Pre Conference Workshops

Thursday 18th October 2018

12:00pm	Shoulder Workshop Registration		
12:30 – 5:00pm	Structured Assessment of the Shoulder: Is it contributing to your patient's upper limb presentation? - Simon Balster <i>Chair: Hamish Anderson</i>		M12
12:30pm	Plaster & Casting Workshop Registration		
1:00pm – 4:00pm	Plaster & Casting Workshop - Robert Vragovski <i>Chair: Jessica Newton</i>		M13
5.30pm	Wetlab Anatomy of the Upper Limb Workshop Registration (Offsite at University of Melbourne)		
6:00 – 8:00pm	Wetlab Anatomy of the Upper Limb - Jeff Sanderson <i>Chair: Brodwen McBain</i>		University of Melbourne

Conference Day 1

Friday 19th October 2018


8:00 – 8:30am	Registration and Arrival Tea and Coffee		Promenade Foyer
	Session 1 <i>Chair: Hamish Anderson</i>		Promenade
8:30 – 8:35am	Welcome to Country		
8:35 – 8:50am	Welcome to Conference/AHTA President's Welcome - Nicola Cook		
8:50 – 9:40am	Founders Lecture - Jenny Ball		
9:40 – 10:40am	International Key Note Lecture: The future of hand therapy: Are we heading in the right direction - Lynne Feehan		
10:40 – 10:50am	Question Time		
10:50 – 11:20am	Morning Tea		Promenade Foyer
	Session 2 <i>Chair: Meg Schibli</i>		Promenade
11:20 – 11:35am	Invited Speaker: App Development: The rollercoaster of Wi-Hi's and Wi-Lo's - Carmel Bain		
11:35 – 11:45am	Clinical Free Paper: Interactive Digital Media: Training Our Future Hand Therapists - Ashleigh K Andrews		
11:45 – 11:55am	Question Time		

11:55am – 12.10pm	Scientific Free Paper: A randomised controlled trial comparing one, three or six weeks of immobilisation on function and pain following open reduction and internal fixation for distal radius fractures in adults – Narelle Watson						
12:10 – 12:25pm	Scientific Free Paper: Post-operative Treatment Regimes following Arthroscopic TFCC Repair Surgery for Palmers Type 1B Injuries: A Systematic Review of the Literature – Luke McCarron						
12:25 – 12:35pm	Clinical Free Paper: A new forearm rotation orthosis: design, fabrication and assessment – Jeff Sanderson						
12:35 – 12:45pm	Question Time						
12:45 – 1:45pm	Lunch			Promenade Foyer			
1:00 – 1:25pm	Lunchtime Workshop – E-Link Technology for Hand Therapy	Sponsored by 		M8			
1:00 – 1:30pm	Lunchtime Workshop – Orfit Workshop	Sponsored by 		M7			
1:00 – 1:30pm	Lunchtime Workshop – Functional Partial Finger Solutions	Sponsored by 		M3&4			
Concurrent Sessions							
1:45 – 3:15pm	<p>Dart Throwing Motion Revisited and Reversed - Lynne Feehan</p> <p>Room: M5&6 Chair: Hamish Anderson</p>	<p>Virtual Reality: An introduction to the current and future therapeutic benefits of Virtual Reality - Daniel Purtell</p> <p>Room: M3&4 Chair: Leanne Graham</p>	<p>Early Active Vector Adjustable Skin Traction (EAVAST) for Phalangeal Fractures - Jason Fairclough</p> <p>Room: M1&2 Chair: Margot Afford</p>	<p>Relative Motion Extension & Relative Motion Flexion Orthoses - Melissa Hirth</p> <p>Room: M9&10 Chair: Penny McMahon</p>	<p>Psychological Factors in Hand Therapy and what you can do about them - Kathleen Leach</p> <p>Room: M8 Chair: Meg Schibli</p>	<p>Upper Limb Reconstructive Surgery to improve function following SCI or spasticity - A therapist perspective - Cathy Cooper & Jodie Hahn</p> <p>Room: P1 Chair: Simon Garbellini</p>	<p>Wound and Scar Management - Geoff Sussman</p> <p>Room: P2&3 Chair: Liz Witherow</p>
3:15 – 3:45pm	Afternoon Tea			Promenade Foyer			
Session 3							
Chair: Jennifer Kaess							
3:45 – 4:00pm	Scientific Free Paper: The impact of wrist fracture, surgical repair and immobilisation on patients: A qualitative study – Narelle Watson						
4:00 – 4:10pm	Clinical Free Paper: TFCC Injuries: How to assess and differentiate between TFCC tears and other ulnar sided wrist pathologies – Vanessa Kirkham						
4:10 – 4:20pm	Question Time						
4:20 – 4:40pm	Invited Speaker: 3-D printed hand assistive devices: improving their design and delivery models - Lisa O'Brien						
4:40 – 4:55pm	Invited Speaker: 3D printing materials in hand surgery – Dr Raf Ratinam						
4:55 – 5:10pm	Invited Speaker: The use of 3D printing in upper limb splints. What is the future use? – Pearse Fay						

5:10 – 5:30pm	Question Time/3D Panel	
5:30 – 6:30pm	Welcome Reception	Promenade Foyer

Conference Day 2

Saturday 20th October 2018

7.00 – 7.45am	Yoga & Hand Therapy – Emmeline Fooks (<i>pre-registration required</i>) <i>Chair: Jane Aarons</i>	M3&4
8:00 – 9:50am	AHTA AGM and Light Breakfast (<i>AHTA Members and Associates Only</i>)	Promenade
9:50 – 10:20am	Morning Tea	Promenade Foyer
	Session 4 <i>Chair: Jane Aarons</i>	Promenade
10:20 – 10:30am	President's Announcement – Nicola Cook	
10:30 – 11:15am	Invited Speaker: Future Directions of Hand Surgery – Dr Anthony Berger	
11:15 – 11:45am	Invited Speaker: Trapeziectomy Surgery – Dr Neela Janakiramanan	
11:45 – 11:55am	Question Time	
11:55am – 12:10pm	Scientific Free Paper: K-wire fixation of single proximal phalanx fractures: a retrospective review – Brent Byrne	
12:10 – 12:25pm	Scientific Free Paper: Correcting scissoring in partially healed fractures: Orthotic manipulation of proximal phalanx fractures during the proliferative phase of healing - Jeff Sanderson	
12:25 – 12:40pm	Scientific Free Paper: Rehabilitation following surgery for flexor tendon injuries of the hand - a systematic review – Bhavana Jha	
12:40 – 12:55pm	Scientific Free Paper: Manchester Protocol for Flexor Tendon Zone I/II repairs: A case series – Tim Darch	
12:55 – 1:05pm	Question Time	
1:05 – 2:00pm	Lunch	Promenade Foyer
1:15 – 1:35pm	Lunchtime Workshop – Theraband Hand Exercise Circuit Training <i>Sponsored by</i> 	M16
1:15 – 1:45pm	Lunchtime Workshop – Upper Limb Orthotic Management for Post-Stroke Rehabilitation <i>Sponsored by</i> ottobock.	M3&4
1:30 – 2:00pm	Poster Session	Promenade Foyer

Concurrent Sessions								
2:00 – 3:30pm	Dart Throwing Motion Revisited and Reversed - Lynne Feehan <i>Room: M5&6 Chair: Leanne Graham</i>	Elbow Injuries in the Paediatric Athlete - Elizabeth Ward <i>Room: P2&3 Chair: Janelle Kilcullen</i>	Ultrasound Workshop - Greg Lammers & Brodwen McBain <i>Room: M7&8 Chair: Catherine Reid</i>	An Exercise Physiologist's Approach to Upper Limb Rehabilitation - Mark Simpson <i>Room: M3&4 Chair: Zoe Milner</i>	Relative Motion Extension & Relative Motion Flexion Orthoses - Melissa Hirth <i>Room: M9&10 Chair: Jessica Newton</i>	Solving the Puzzle for Paediatric Congenital Conditions - theory, tips & tricks - Rose Biggins <i>Room: M1 Chair: Colleen Maloney</i>	The Therapeutic Benefits of Low Level Lazer Therapy for the Rehabilitation of the Injured Hand - Tina Czech <i>Room: M2 Chair: Jane Aarons</i>	Focal Hand Dystonia - Karen Fitt & Dr Bronwen Ackermann <i>Room: P1 Chair: Liz Witherow</i>

3:30 – 4:00pm Afternoon Tea Promenade Foyer

Concurrent Sessions								
4.00 – 5.30pm	Early Active Vector Adjustable Skin Traction (EAVAST) for Phalangeal Fractures - Jason Fairclough <i>Room: M9&10 Chair: Kelly Briody</i>	Elbow Injuries in the Paediatric Athlete - Elizabeth Ward <i>Room: P2&3 Chair: Carmel Bohan</i>	Ultrasound Workshop - Greg Lammers & Brodwen McBain <i>Room: M7&8 Chair: Joanna Campbell-Smith</i>	An Exercise Physiologist's Approach to Upper Limb Rehabilitation - Mark Simpson <i>Room: M3&4 Chair: Meg Schibli</i>	Virtual Reality: An introduction to the current and future therapeutic benefits of Virtual Reality - Daniel Purtell <i>Room: M5&6 Chair: Pearse Fay</i>	Solving the Puzzle for Paediatric Congenital Conditions - theory, tips & tricks - Rose Biggins <i>Room: M1 Chair: Jennifer Mathias</i>	The Therapeutic Benefits of Low Level Lazer Therapy for the Rehabilitation of the Injured Hand - Tina Czech <i>Room: M2 Chair: Melanie McCulloch</i>	Thoracic Outlet Syndromes: Diagnosis & Management - Alastair Flett <i>Room: P1 Chair: Jane Aarons</i>

7:00 – 11:00pm Conference Party! Meat Market, South Wharf

Conference Day 3

Sunday 21st October 2018

8:00 – 8:30am Arrival Tea and Coffee Promenade Foyer

Session 5
Chair: Bernadette Kelly Promenade

8:30 – 9:15am International Key Note Lecture: Should we be moving ALL hand fractures early? - **Lynne Feehan**

9:15 – 9:25am Question Time

9:25 – 9:35am Clinical Free Paper: A Multidisciplinary Approach to Management of Dupuytren's Disease – **Dion Sandoz**

9:35 – 9:45am Clinical Free Paper: Management of fractures to the sesamoid bones of the thumb: Rare but real – **Hamish Anderson**

9:45 – 10:00am	Scientific Free Paper: Diagnostic accuracy of imaging modalities in the detection of clinically diagnosed de Quervain's syndrome: A systematic review – Brodwen McBain	
10:00 – 10:15am	Scientific Free Paper: Prescribing upper extremity orthoses for children with cerebral palsy: A Q methodology study of occupational therapists decision making – Simon Garbellini	
10:15 – 10:25am	Question Time	
10:25 – 10:55am	Morning Tea	Promenade Foyer
	Session 6	
	<i>Chair: Leanne Graham</i>	Promenade
10:55 – 11:05am	Clinical Free Paper: The Evolution of Hand Therapy Led Clinics – Yvonne Fellner	
11:05 – 11:20am	Scientific Free Paper: Advanced scope of practice (ASP) hand therapy led care improves patient reported function and enhances patient satisfaction, for hand injured consumers of QLD Health – Celeste Glasgow	
11:20 – 11:35am	Scientific Free Paper: Evaluation of an advanced practice service model for the assessment and management of people with carpal tunnel syndrome – Kelly Briody	
11:35 – 11:45am	Question Time	
11:45am – 12:10pm	Invited Speaker: Costs and epidemiology of acute hand and wrist injuries – Luke Robinson	
12:10 – 12:15pm	Question Time	
	Tips & Tricks Session	
12:15 – 12:18pm	A hand therapists' guide to using an exercise prescription app – Carmel Bain	
12:18 – 12:21pm	Hot tip for crush injury – John Breckenridge	
12:21 – 12:24pm	Foam Wedges for Improved Digit ROM – Nicola Cook	
12:24 – 12:27pm	The use of low-density foam as an effective treatment in the reduction of brawny hand oedema – Sue Doman	
12:27 – 12:30pm	Goal-Oriented Active Motion Orthosis (the bead splint) – Sarah Fairthorne	
12:30 – 12:33pm	A nifty static-progressive DIPJ flexion orthoses – Kelsey Haskell	
12:33 – 12:36pm	Trash to Treasure: A novel approach to splinting the thumb – Achini Soysa	
	Announcements & Awards	
12:36 – 12:46pm	Upcoming Conference Announcements	
12:46 – 12:55pm	Conference Awards & Prizes	
12:55 – 1:00pm	Official Close of Conference	
1:00 – 1:30pm	Lunch	Promenade Foyer

*Please note that the program is correct at time of printing and is subject to change without notification