



green & white

ANGLESEA SURF LIFESAVING CLUB BROADSHEET ISSUE NO. 2 APRIL 2018



FROM THE PRESIDENT

The 2017/18 Summer Patrol Season is coming to a close and it has been another successful summer season, with many highlights.

The 2017 Burson Rock2Ramp Ocean Swim was conducted on the 28th December. 853 swimmers took part across three races, the 2.5km, 1.2km and 300m Kids Dash in near perfect conditions. Thank you to our sponsors Burson Auto Parts, Go Ride a Wave, 2XU, Captain Moonlite, Irrawarra Sourdough and Funky Trunks. The event raised just over \$28,000 for the club.

In early January, the Annual Doorknock Fundraiser was conducted. Thank you to all of the helpers who made this fundraiser possible. We raised just over \$34,000. Thank you to Prue and Graeme Weber for coordinating.

After a year off, we once again hosted the traditional Anglesea Senior Carnival in early January. 26 competitors donned the green hoops to represent the club. Conditions were challenging however the results in the beach area were pleasing with some new team members. Thank you to the Supporters Group for covering the entry costs of those involved. Thank you also to Matthew Symington for coordinating this event.

The swarm of pink rash vests and white/green skull caps hit the beach again for the Nipper Program under the leadership of Fiona Fitzgerald and Naomi Symington. Thank you to all the nippers, parents, age group leaders, water safety and helpers for making this program a success.

In the coming weeks a contingent of senior competitors will be heading to the Australian Surf Life Saving Championships in Scarborough, Western Australia. On behalf of the club we wish them every success at the "Aussies". We will have a full wrap of the Aussies and the recent Senior State Championships held in Apollo Bay in our next edition.

Remember whilst the summer patrol season is coming to a close the club continues to operate over the cooler months. We have heaps of activities planned with more to be announced soon. These include Dolphins, Polar Bears, Salty Dogs and member training courses please check out 'What's On' for dates and times or connect with us on our Facebook or Instagram page.

Finally, whether you are a keen golfer, weekend hack or mini-golf specialist, the ASLSC Golf Day is on Saturday 25th August at the Anglesea Golf Club. We encourage all members and your friends to participate in this major fundraiser for the club, including nippers with the mini-golf.

We look forward to you getting involved in all the club has to offer.

TOM CULLEN PRESIDENT

Building Redevelopment

Update April 2018



Quite a lot has happened since the last broadsheet in December. Once we received planning approval from the shire we went back and had a hard look at the proposed internal layouts and made some practical revisions that we expect will make the facility work better.

Our project managers (the PDS Group) and architects (Michael Carr Architects) then bought together the various specialist design consultants who are now working through the detailed design phase of the project. We currently anticipate that we will have documentation sufficient to go to tender by June together with the quantity surveyors estimate of costs.

As set out in the previous newsletter we have a Project Governance framework that identifies a series of decision gates to ensure members interests and process transparency are observed and maintained. A key decision point is where we sit financially before going to tender.

In addition to funding from the state and shire we were successful in gaining a \$500,000 grant through the federal government's Regional Jobs and Investment Package which, together with member's contributions, brings the current total to around \$3.2M. We are currently investigating further funding options as we probably need to get closer to \$4M before going to tender. So, if you are considering contributing, now is the time to get in touch with our Fundraising Chair, Ingilby Dickson.

One point we need to address is this total cost figure. A number of members have queried why we are spending so much on the redevelopment. There is only one answer to that – this is what it costs. The average cost of other club redevelopments that are underway or planned is around \$4M, with costs ranging from around \$3.3 up to \$7M depending on location and complexity.

WHAT CAN YOU DO TO HELP?

The most valuable thing you can do is contribute funds toward the new Operations & Training Centre. Please contact Ingilby Dickson, Chair of our Fundraising program on 0425 233 300 to discuss further. Please find enclosed our pledge form. We strongly encourage everyone to contribute to this important project.



Pictured left: (L-R) Tom Cullen President ASLSC, Prime Minister Malcolm Turnbull MP, Member for Corangamite, Sarah Henderson MP and Peter Williams, Building Redevelopment Chair ASLSC at the announcement of the Federal Government's Regional Jobs and Investment Package grants.

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NATIONAL LEADERSHIP COLLEGE 2018



BEING SELECTED TO BE A PART OF THE NATIONAL LEADERSHIP COLLEGE RUN BY SURF LIFE SAVING AUSTRALIA (SLSA) IN SYDNEY, IN EARLY FEBRUARY, WAS A PROUD MOMENT AND AN EXPERIENCE THAT I WILL NEVER FORGET.

After the first day I came to realise, just like the other 25 participants from around Australia and one lucky Kiwi, that this camp was going to be more challenging than we previously expected. The camp pushed us to really think about why we do the things we do and why we remain doing what we do, which is something that as a lifesaver should be at the forefront of our minds but often isn't.

Each day had a different focus on leadership skills that are important to know in an organisation such as ours but can also be applied to all areas of life. These were interpersonal, intrapersonal, leading small groups and leading organisations. This structure of leadership helped us breakdown all the trials that often come with leadership.

We had many amazing speakers come in from around Australia to talk to us about their leadership story and what they have learnt as a result of being a leader. Two speakers that were a clear standout to me were; Rob McNeil who is the Assistant Commissioner of Fire & Rescue and Director for Metropolitan and Regional Operations at Fire & Rescue for NSW. He talked about his role in emergency service response in the 2011 earthquake and tsunami in Japan, where he was in charge of a task force of firefighters coming in to aid and recover the Japanese community.

The second speaker who resonated personally was Rowie Webster, she is a two-time Olympian water polo player, Captain of the Australian Women's team and member of Anglesea SLSC. She discussed the issues she has come across being a captain and the struggles she had in the sport.

Our facilitators and organisers of the camp were amazing, they were National Leadership College Alumni themselves which helped us better connect and see things from a similar perspective.

The camp allowed us all to network with each other and members of SLSA. We all became a close-knit group of people by the end of the camp and we have already called on one another for ideas or assistance. The College has made me rediscover my love for lifesaving and I would like to thank those who made the opportunity a possibility for me.

PHOEBE MICHETTI



Anglesea Surf Life Saving Club has a long and very proud tradition in competition both junior and senior. Traditions are obviously those special things that are passed down through a club from one generation to the next.

Our Nippers represented the club with great pride over the weekend in everything they did. In the March Past the tradition of nominating a flag bearer on the Sunday morning based on an outstanding performance or act of true club spirit continued with Tommy Jovanovic leading the team into the arena.

It was also a real changing of the guard for our team with many long-term Nipper families moving on to senior ranks. However, we welcomed a host of new families who it has been a pleasure to get to know. The focus of our competition team is participation and team spirit and I can say we had this in spades. Our Nippers participated with all their hearts and had fun together as a team.

While our main emphasis is running a positive program, not on results, we did have some amazing performances, particularly since we do not get to train together very often.



Results

UNDER 9

Grace McIntyre – 1st Beach Flags, 2nd 500m Run, 2nd Wade
 Jasmine Hume – 2nd Swim
 Under 9 Girls Team (Grace McIntyre, Isabel Hadley, Jasmin Hume, Isabella Khalil) – 1st Surf Teams, 2nd Wade Relay and 3rd Board Relay.
 Jimmy Keenan – 2nd Swim Race

UNDER 10

Jemma Symington – 2nd Beach Sprint
 Josh McKenzie – 2nd Beach Sprint

UNDER 12 GIRLS

Amelia Blake – 3rd Surf Race

UNDER 13

Dibs Fitzgerald – 1st Ironman, 2nd Swim

We also had a huge number of top 6 individual and team finishes, state finalists including three U13 girls in the Iron final, with Stephanie Bare coming an outstanding 6th and Lucy Richardson coming 8th. Our Under 9 boys competed up in Under 10 on the team day to enable Josh McKenzie to have a team and placed well in all events. Check out our recap video at <http://bit.ly/ASLSC18>

We encourage all Nippers to join our Competition Team as it is a great way to form lifelong friendships, to challenge your self physically and have fun. Look out for our off-season events starting soon.

FIONA FITZGERALD BIG NIPPER
NAOMI SYMINGTON DIRECTOR OF YOUTH DEVELOPMENT

OUR PATROL STATISTICS FOR ANGLESEA SLSC (to mid-March 2018)

Service	Patrols	Preventive actions	Minor first aid	Major first aid	Total first aid	Attendance	Rescues
ANGV	34	1217	12	5	17	76844	4

BEACH SAFETY

Victorian Surf patrols are scheduled to finish on the 15th April.

It is even more critical that beach goers are cautious in any beach activity after this date. Ideally you should only swim at patrolled beaches (when available) however if you decide to swim at an unpatrolled beach ensure that you:

- 1 Don't swim alone
- 2 Don't mix alcohol with swimming
- 3 Be aware of the water environment and assess the risks:
 - dumping waves can cause injuries
 - beware diving into shallow water
 - don't swim in rips – understand how you can spot a rip and what to do if caught in one
 - swimming near rocks
 - avoid entering water when there is seabird or other activity evident
- 4 Don't swim at night

If you or someone else gets into difficulty on an unpatrolled beach call 000



GOLF WITH FRIENDS, LOTS OF LAUGHS, KANGAROOS, MINI-GOLF FOR THE KIDS, THE LEGENDARY SPINNING WHEEL RAFFLE AND A DRINK AND/OR A MEAL AFTER GOLF... HOW MUCH FUN CAN YOU SQUEEZE INTO ONE DAY!

Please save the date, Saturday August 25th at the Anglesea Golf Club, with the Club AGM on the following day.

Many thanks again to the Anglesea Golf Club for their great support of our Club.

SHANE EDMONDS & MARK GOWANS
 GOLF DAY COORDINATORS



Summer activities

Well, how good was that? Summer 2017/18 came and went with the majority of beach-goers, both local and visitors, coming home with lots of stories.

Some stories came from the spontaneous swims, runs, and walks on the beach, which always seem to manifest themselves over the summer holiday period, whilst others came from the great events that the Anglesea Surf Life Saving Club ran over summer.

Key highlights from the season included Santa arriving on Christmas Day, the Young Members Happy Hour up at Captain Moonlite, and Salty Dogs, which is a group open to all members who go for a swim/board/ski at the main beach.

Some of our more traditional events such as the Anglesea Carnival, which returned in 2017/18 went by with plenty of spectators coming down to watch Anglesea Athletes win a series of pennants in the beach events, whilst the Roadknight Race returned which involves human powered craft racing via a handicap from main beach to Roadknight Point and back. Although the home-made rafts didn't quite make it through the surf on the day, plenty of fun was had with the event to surely draw greater numbers next season.

The great news is that summer doesn't mean the end of Club events with the Easter period being packed out with fun events. Keep an eye out on our social media and website for even more events over the cooler months.

HUGH MOODIE CLUB CAPTAIN



Anglesea Surf Life Saving Club is selling a large variety of second hand surf skis and boards.

Makes and models, including Force Field, Charger, Dolphin, Kracka, Sonic are all priced to sell – starting at \$50.

For a full listing detailing what is available or to view the skis and boards please contact Steve Bullock 0408 992761 or visit www.angleseaslsc.org.au



What is Anglesea Dolphins? This program is a surf sports orientated program for members aged 9 to 14 years old who are interested in competing at the regional and state championships.

What events? We have coaching for beach and water events.

When? Conducted in Anglesea on the first Sunday of the month at 10am (unless advised otherwise). Starting? Anglesea Dolphins starts back May 6th at 10am. Exciting news coming soon.



RACE REPORT

THE 23RD ROCK2RAMP SWIM AT POINT ROADKNIGHT BEACH, ANGLESEA WAS HELD IN NEAR PERFECT CONDITIONS

ON THE 28TH DECEMBER 2017.

The popular 2.5km swim was won by Matt Gilling, ahead of Robbie Dillison and Tristan Read in a time of 28:43 thus taking home the prestigious Porthole Cup in support of prostate cancer research. Naomi Scott was the first female home in 32:25, ahead of Claire Davis and last year's winner Rebecca Henderson.

Jorden Merrilees was first over the line in the Men's Open 1.2 km event in 14:09 followed by Matt Gilling and Jesse Coulson. Caitlin Huell was home first in the Women's Open 1.2 km with Grace Harris second and Anna Hume third.

WHAT IS THIS MEMBER SURVEY EMAIL ALL ABOUT?

THE DIRECTORS HAVE DEVELOPED A MEMBER SURVEY THAT WAS EMAILED OUT TO ALL CLUB MEMBERS RECENTLY. THE SURVEY IS HOSTED BY A SURVEY MONKEY WEB SITE, SO PLEASE CHECK YOUR 'JUNK FOLDER' EMAIL SETTINGS FROM TIME TO TIME TO MAKE SURE CLUB EMAILS DON'T END UP THERE.

We need and appreciate your feedback on how things are running now, and your ideas on how we can improve, so please take a few minutes to complete this online survey.

We want to learn more about what our Members value from their involvement with the Club and where we can continue to work to improve the operations of the Club and to provide even more value and engagement.

To encourage your responses, we are offering four random prize draws to Members who complete the survey. These are two \$100 Captain Moonlite vouchers and two \$50 Club shop vouchers.

The 300m Kid's Dash was popular again with plenty of budding 1.2 km swimmers in both the 10 – 12 and 7 – 9 age groups.

The Surf'n'Turf category, which combines an entrant's time in the 1.2km swim with their time in the 8km RooRun held by the Anglesea Motor Yacht Club the previous evening was again conducted. This year's winners were Tim Mayfield (total time: 0:52:00) and for a third year in a row, Rebecca Henderson (total time: 0:50:21).

Thank you to all those that volunteered their time to make the event another success. Thank you also to the Anglesea Motor Yacht Club for your continued strong partnership with both of our events.

TOM CULLEN RACE DIRECTOR



ANGLESEA

Favourites

We have asked an Anglesea SLSC member to tell us, what is their favourite thing in or about Anglesea. Here is what Ben Mullin has to say:

I moved to Anglesea when I was 14 and have since fallen in love with the place. There's nothing better than picking up some fish and chips and heading down to Soapie Rocks to watch the sunset with friends over summer.



MEMBER Profile

Name: Elise Langford
Year joined Anglesea SLSC: 2002
Current position/previous role at Anglesea SLSC: Patrol Captain ASR4

Personal goals and focuses for 2017/18 Season? To have a great patrolling season and ensure my ASR does too.

Current/former job: Consultant

Favourite thing about Surf Life Saving: Getting the chance to meet new people.

What brought you into surf life saving? My parents signed me up to the Nippers Program.

What are your favourite activities at Anglesea? Everything!

Best memory at Anglesea SLSC: Successfully passing my SRC.

Second favourite beach on the Surf Coast and why? (after Anglesea of course): Jan Juc because I have a few friends that spend their summers there.

Advice to a young or new Anglesea member or competitor: Involve yourself in as many activities as you can, as the Club offers so many great opportunities.

Member Development Update



The Anglesea SLSC Executive have been working on a review of the club's member development and training. We would like to share some of the new initiatives with full details to be provided soon.

Mieke Foster has recently resigned as Director of Member Development. We thank Mieke for your contribution as a

director and wish her well with her studies. This has provided us with an opportunity to review how we deliver member development. This includes reallocation of activities and expansion into a range of new areas of development.

In addition to reviewing and improving our core lifesaving qualification training, we will be rolling out new member development opportunities, which includes:

SPECIALIST ADVANCED TRAINING OPPORTUNITIES:

The areas that will be addressed include:

- Leadership training inc participation in the FIRELINE course
- Emergency Management
- Wilderness First Aid

LEADERSHIP & SUPPORT PROGRAMS:

At this stage this includes:

LIFE SAVING FOR THE FUTURE SCHOLARSHIP

To involve up to 4 members being selected for the program every year involving:

- a commitment for a period of 3 years
- the financial support to assist with their needs as a member of Lifesaving
- each member will be allocated a mentor
- the member must be involved in a range of activities of the club including participation in sub committees and at least one of the major events run by the club.
- Will have an opportunity to participate in specific personal & professional development opportunities.

LEADERSHIP DEVELOPMENT PROGRAM

The purpose is to create a formal and coordinated program to assist with the identification and development of the future club leaders whilst assisting members in the achievement of professional career plans.

EXCHANGE PROGRAMS

This will involve development opportunities with other Australian SLS clubs and ultimately international lifesaving services.

PAUL LUNNY VICE PRESIDENT LIFESAVING

WHAT'S ON AT ANGLESEA SLSC

Date	Time	Event	Location
APRIL			
Sun 8	10am	Salty Dogs	Anglesea
Sun 8	3pm-5pm	Young Members Sunday Session	Moonlite
Sun 8		Patrol Season Concludes	
Sat 14-22		Australian Surf Lifesaving Championships	Scarborough, WA
MAY			
Sun 6	10am	Salty Dogs	Anglesea
Sun 6	10am	Dolphins	Anglesea
Sun 6	Noon	Polar Bears	Anglesea
JUNE			
Sun 3	10am	Salty Dogs	Anglesea
Sun 3	10am	Dolphins	Anglesea
Sun 3	10am	Polar Bears	Anglesea
Sat 30	9am	IRB Drivers Course (Day 1)	Anglesea
JULY			
Sun 1	10am	Salty Dogs	Anglesea
Sun 1	10am	Dolphins	Anglesea
Sun 1	Noon	Polar Bears	Anglesea
AUGUST			
Sun 5	10am	Salty Dogs	Anglesea
Sun 5	10am	Dolphins	Anglesea
Sun 5	Noon	Polar Bears	Anglesea
Sat 25		ASLSC Golf Day & Spinning Wheel Fundraiser	Anglesea Golf Course
Sun 26	11am	Annual General Meeting	Moonlite
Wed 10	9am-5pm	IRB Crew Course	Lower Clubhouse
Thur 11	9am-5pm		
Fri 12	9am-5pm		
Sat 13	9am-5pm		

MEMBER TRAINING COURSES

Course	Dates/Times	Prerequisites	Enrolment Details
Spinal Management Certificate Course	Day 1: Sat 2nd June: 2pm-6pm Day 2: Sun 3rd 9am-12pm (accommodation may be available at the club)	Candidates must meet ALL of the following conditions: – be at least 15 years of age on the date of final assessment – hold a current Bronze Medallion – be a current financial member of Anglesea SLSC	Expressions of interest are being called. Please email info@angleseaslsc.org.au
IRB Drivers Course	Day 1: Sun 1st July Day 2: Sat 7th July Day 3: Sun 8th July Day 4: Sat 14th July Day 5: Sun 15th July 9am-4pm each day (accommodation may be available at the club)	Candidates must meet ALL of the following conditions: – be at least 16 years of age (candidates must be at least 17 years of age to complete their assessment, but 16yrs can complete the course and be assessed when they turn 17) – hold a current Bronze Medallion and IRB Crew certificate – hold a current marine licence – be a current financial member of Anglesea SLSC	Expressions of interest are being called. Please email info@angleseaslsc.org.au
IRB Crewperson Course	Day 1: Sat 7th July Day 2: Sun 8th July (accommodation may be available at the club)	Candidates must meet ALL of the following conditions: – be at least 15 years of age on the date of final assessment – hold a current Bronze Medallion – be a current financial member of Anglesea SLSC	Expressions of interest are being called. Please email info@angleseaslsc.org.au
Advanced Resuscitation Techniques Certificate Course	Sat 4th Aug: 3pm-6pm Sun 5th Aug: 8.30am-12pm (accommodation may be available at the club)	Candidates must meet ALL of the following conditions: – be at least 15 years of age on the date of final assessment – hold a current Bronze Medallion – be a current financial member of Anglesea SLSC	Expressions of interest are being called. Please email info@angleseaslsc.org.au



ANGLESEA SLSC

in the Community



OUR CLUB IS COMMITTED TO BETTER ENGAGING WITH THE LOCAL COMMUNITY AND IN PARTICULAR, FINDING OUT WHAT THE ANGLESEA SURF LIFE SAVING CLUB CAN DO TO HELP COMMUNITY GROUPS AROUND TOWN.

Over summer, you might have seen us in and around Anglesea at the Riverbank Market, and more recently, at the Anglesea Primary School Fair. At these events, we met members, Anglesea locals, and even tourists who all had great questions to ask about our club whilst some just wanted to have a chat about old stories of Anglesea, the surf club, and summers long gone.

Many questions were answered regarding our redevelopment and many more focussed on nippers, as well as how to get involved with our great club. We heard feedback, received suggestions and ensured that any question asked were answered. We hope to continue to engage with the community in a variety of ways.

HUGH MOODIE
CLUB CAPTAIN



Captain Moonlite

Member benefits

ALL CURRENT MEMBERS ARE ENTITLED TO THE FOLLOWING BENEFITS AT CAPTAIN MOONLITE:

- 10% off lunch and dinner at Captain Moonlite every day.
- Happy Hour pricing from 4-6pm every day at Captain Moonlite.
Simply show your 2017/18 members card when ordering. You can get your members card from the club office.
To make a booking or check what's on at Captain Moonlite:
- Call (03) 5263 2454
- Online reservations and upcoming events calendar <http://captainmoonlite.com.au/reservations/>
- Email hello@captainmoonlite.com.au