



Relatório Geral - 5.3 KM - Masculino

Coloc.	Num.	Nome	Sx.	Idd.	Faixa	Cl.Fx.	Equipe	Tempo	Liquido	Ritmo	Veloc. Média
1	69	HELICIO MARCONDES ALPS	M	23	M2029	1	CASTRO RUNNERS	00:18:14	00:18:14	03:26	17,44
2	231	IAGO ROBERTO DA SILVA	M	17	M1619	1		00:18:24	00:18:24	03:28	17,28
3	88	JOSE ADEMIR MESTRIA	M	32	M3039	1	EQUIPE RUNNERS ARAPOTI	00:18:34	00:18:34	03:30	17,13
4	217	MICHAEL SANTOS PEREIRA DE SOUZA	M	25	M2029	2	MOVIMENTA PONTA GROSSA	00:18:47	00:18:47	03:33	16,93
5	106	LUCAS ANTUNES DOS SANTOS	M	26	M2029	3	CORREPG	00:19:16	00:19:16	03:38	16,51
6	124	MARCOS LEANDRO MARCONDES	M	30	M3039	2	CORREPG	00:19:17	00:19:17	03:38	16,49
7	207	JOSUE BATISTA JOSUE BATISTA	M	36	M3039	3	FALCAO PEREGRINO	00:19:22	00:19:22	03:39	16,42
8	76	JAIRO DOS SANTOS	M	50	M5059	1		00:19:51	00:19:51	03:45	16,02
9	97	LEANDRO DA ROSA RAMOS	M	25	M2029	4	CORREPG	00:20:15	00:20:15	03:49	15,70
10	117	MAICON ANTONIO ALCANTARA DOS SANTOS	M	24	M2029	5	ACORRENORPI	00:20:23	00:20:23	03:51	15,60
11	148	MIGUEL CALIXTO	M	53	M5059	2	EQUIPE BARRA DO JACARE	00:20:30	00:20:30	03:52	15,51
12	13	ANDREY ALISSON DOS SANTOS SILVA	M	17	M1619	2		00:20:33	00:20:33	03:53	15,47
13	200	ADRIANO ANTONIO DA SILVA	M	38	M3039	4	OS MIGUÉ	00:20:47	00:20:33	03:53	15,47
14	179	SANDHOR LIMA	M	20	M2029	6	MENDES SPORTS	00:20:44	00:20:43	03:55	15,35
15	73	IVO SOARES DA SILVA	M	49	M4049	1	ACORRENORPI-BARRA DO JACARÉ	00:21:05	00:21:05	03:59	15,08
16	233	RAMIRO GONCALVES BISPO	M	46	M4049	2		00:21:15	00:21:15	04:01	14,96
17	151	MOISES PEREIRA BATISTA	M	48	M4049	3		00:21:18	00:21:18	04:01	14,93
18	229	ADRIANO JOSE PINHEIRO	M	38	M3039	5		00:21:18	00:21:18	04:01	14,93
19	216	MAURICIO GARCEZ DA LUZ	M	42	M4049	4	EQUIPE RUNNERS CASTRO PR	00:21:22	00:21:22	04:02	14,88
20	27	CARLOS HENRIQUE CARNEIRO GOOD	M	17	M1619	3		00:21:29	00:21:29	04:03	14,80
21	171	RICARDO TEIXEIRA	M	37	M3039	6	BALA PERDIDA	00:21:34	00:21:34	04:04	14,74
22	219	RODRIGO RIBAS DE OLIVEIRA	M	32	M3039	7	CAFE LONTRINHA	00:21:45	00:21:45	04:06	14,62
23	55	FABIO JUNIOR DOS SANTOS	M	33	M3039	8	EQUIPE RUNNERS ARAPOTI	00:22:08	00:22:06	04:10	14,39
24	43	EDSON CARLOS PINHEIRO	M	40	M4049	5	CONSAUDE	00:22:12	00:22:12	04:11	14,32
25	165	RAFAEL ANDREY FERNANDO WINCHE MARTINS SILVA	M	30	M3039	9	STUDIO SUPERAÇÃO FITNESS	00:22:22	00:22:22	04:13	14,22
26	100	LEONARDO CORDEIRO SARAIVA	M	17	M1619	4	RUNNERS ARAPOTI	00:22:29	00:22:26	04:14	14,18
27	103	LINDO JURACI FRANCESCINI	M	57	M5059	3		00:22:35	00:22:33	04:15	14,10
28	203	CICERO FURQUIM DE CAMARGO	M	43	M4049	6	BPM ASSESSORIA ESPORTIVA	00:22:42	00:22:42	04:17	14,01
29	119	MARCELO LUIS LENIAR	M	43	M4049	7		00:22:44	00:22:44	04:17	13,99
30	90	JOSE EDILSON CUNHA LEMES	M	26	M2029	7		00:22:53	00:22:51	04:19	13,92
31	228	EDSON BATISTA DE OLIVEIRA	M	49	M4049	8		00:22:56	00:22:55	04:19	13,88
32	84	JOAO MARCELO DOMARESKI	M	42	M4049	9	EQUIPE ALTO GIRO - PG	00:22:59	00:22:58	04:20	13,85
33	26	CARLOS DANIEL DOS SANTOS	M	16	M1619	5	EQUIPE BARRA DO JACARE	00:23:02	00:23:00	04:20	13,83
34	6	ALISSON ALVES DA SILVA	M	28	M2029	8		00:23:03	00:23:03	04:21	13,80
35	9	ANDERSON LUIS MULLER	M	34	M3039	10	CONSAUDE	00:23:07	00:23:05	04:21	13,78
36	71	HELIO JOSE DA SILVA	M	65	M6099	1	EQUIPE RUNNERS ARAPOTI	00:23:09	00:23:09	04:22	13,74
37	110	LUCIANO APARECIDO MASCARENHAS	M	39	M3039	11	EQUIPE RUNNERS ARAPOTI	00:23:10	00:23:10	04:22	13,73
38	121	MARCIO PAULO DE ANDRADE	M	36	M3039	12	FALCÃO PEREGRINO	00:23:19	00:23:18	04:24	13,65
39	87	JONNY MEDEIROS	M	22	M2029	9	AVULSO	00:23:34	00:23:28	04:26	13,55
40	123	MARCOS DOUGLAS MENI BIZAIA	M	16	M1619	6	AVULSO	00:23:34	00:23:34	04:27	13,49
41	63	GILBERTO ONEY DE JESUS	M	62	M6099	2	MOVIMENTA PONTA GROSSA	00:23:39	00:23:38	04:28	13,46
42	41	EDER APARECIDO FERRREIRA	M	49	M4049	10	FALCAO PEREGRINO	00:24:03	00:23:57	04:31	13,28
43	202	CASSIANO FARIA	M	27	M2029	10	EQUIPE RUNNERS ARAPOTI	00:24:05	00:24:05	04:33	13,20
44	197	WANDERSON LUCIAN BATISTA RICARDO	M	23	M2029	11		00:24:12	00:24:12	04:34	13,14
45	62	GERCI DE JESUS SARAIVA	M	44	M4049	11	RUNNERS ARAPOTI	00:24:17	00:24:17	04:35	13,10
46	230	ADOS ALVES DE OLIVEIRA	M	57	M5059	4		00:24:24	00:24:24	04:36	13,03
47	47	EMANUEL DA SILVA FERREIRA	M	17	M1619	7		00:24:27	00:24:27	04:37	13,01
48	89	JOSE CARLOS BAGGIO BATISTA JUNIOR	M	19	M1619	8		00:24:39	00:24:38	04:39	12,91
49	38	DOUGLAS SILVIO VIEGAS	M	37	M3039	13		00:24:54	00:24:50	04:41	12,81
50	28	CARLOS ROBERTO SANTANA DE OLIVEIRA	M	53	M5059	5		00:24:58	00:24:57	04:42	12,75
51	37	DOUGLAS IVO DESPINDOLA DE OLIVEIRA	M	35	M3039	14		00:25:53	00:25:47	04:52	12,33
52	210	LUIS MIGUEL KRUCOSKI	M	19	M1619	9	MOVIMENTA PONTA GROSSA	00:25:58	00:25:52	04:53	12,29
53	224	VALDENIR DE LIMA	M	57	M5059	6	MOVIMENTA PONTA GROSSA	00:25:52	00:25:52	04:53	12,29
54	53	FABIANO MACHADO DA SILVA	M	37	M3039	15	ALTO GIRO	00:25:54	00:25:54	04:53	12,28
55	93	JOSE QUIRINO DA SILVA FILHO	M	43	M4049	12	RUNNERS ARAPOTI - PARANA	00:26:17	00:26:14	04:57	12,12
56	180	SANDRO KOTARSKI	M	33	M3039	16	EQUIPE RUNNERS ARAPOTII	00:26:17	00:26:17	04:58	12,10
57	14	ANTONIO NORBERTO DE SOUSA	M	56	M5059	7	EQUIPE RUNNERS ARAPOTI	00:26:29	00:26:21	04:58	12,07
58	98	LEANDRO DE ALMEIDA	M	32	M3039	17	RUNNERS CASTRO	00:26:37	00:26:36	05:01	11,95
59	199	WILSON ROBERTO DE MELLO ALMEIDA	M	61	M6099	3		00:27:36	00:27:36	05:12	11,52
60	211	MANOEL LIBIO BETIM	M	67	M6099	4	CAFE LONTRINHA	00:27:45	00:27:41	05:13	11,49
61	191	VERISSIMO PIRES	M	35	M3039	18	AVULSO	00:27:49	00:27:42	05:14	11,48
62	16	AUGUSTO FORONDA	M	46	M4049	13	AVULSO	00:28:03	00:27:56	05:16	11,38
63	181	SERGIO LUIZ DE CASTRO	M	56	M5059	8	ACORRENORPI-BARRA DO JACARÉ	00:28:01	00:27:58	05:17	11,37
64	173	ROBERTO DALZOTTO	M	60	M6099	5	ALTO GIROPG	00:28:19	00:28:19	05:21	11,23
65	80	JEISON NEVES	M	37	M3039	19	CORREPG	00:28:28	00:28:25	05:22	11,19
66	116	MAGNOM HENRIQUE MELO	M	25	M2029	12	AVULSO	00:28:32	00:28:31	05:23	11,15
67	169	RICARDO DOS SANTOS	M	35	M3039	20	AVULSO	00:28:59	00:28:59	05:28	10,97
68	92	JOSE LINO DO NASCIMENTO	M	55	M5059	9	CR RUNNER	00:29:13	00:29:13	05:31	10,88
69	111	LUCIANO LUNA DE SOUZA	M	45	M4049	14	EQUIPE RUNNERS ARAPOTI	00:29:14	00:29:14	05:31	10,88



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70	220	ROMUALDO CAMARGO	M	53	M5059	10	MOVIMENTA PONTA GROSSA	00:29:28	00:29:23	05:33	10,82
71	7	AMADEU DE ANDRADE DA SILVA	M	45	M4049	15	FALCAO PEREGRINO	00:29:55	00:29:53	05:38	10,64
72	157	NICOLAS MEDEIROS	M	23	M2029	13		00:30:20	00:30:13	05:42	10,52
73	39	EDEMIR TORRES DO NASCIMENTO	M	60	M6099	6	GESTPAR	00:30:16	00:30:15	05:42	10,51
74	225	WASHINGTON LUIZ KRUCOSKI	M	45	M4049	16	MOVIMENTA PONTA GROSSA	00:30:22	00:30:16	05:43	10,51
75	18	BENHUR JULIO DE ALMEIDA	M	49	M4049	17		00:30:27	00:30:22	05:44	10,47
76	10	ANDRE WILLIAM RIBEIRO DA SILVA	M	46	M4049	18	AVULSO	00:30:36	00:30:31	05:45	10,42
77	122	MARCO AURELIO OLIVEIRA DA SILVA	M	38	M3039	21		00:30:38	00:30:33	05:46	10,41
78	75	JAIR MACHADO	M	65	M6099	7	EQUIPE RUNNERS ARAPOTI	00:31:38	00:31:37	05:58	10,06
79	91	JOSE JUAREZ CALIXTO RIBEIRO	M	63	M6099	8	MOVIMENTA PONTA GROSSA	00:33:06	00:33:01	06:14	9,63
80	185	TADEU MARCOS LOPES FERREIRA	M	52	M5059	11		00:33:27	00:33:25	06:18	9,52
81	4	AIRTON LUIZ PASINATTO	M	57	M5059	12		00:33:49	00:33:40	06:21	9,45
82	146	MAURO DE OLIVEIRA LOPES	M	64	M6099	9	AVULSO	00:34:12	00:34:09	06:27	9,31
83	74	JACSO FERNANDES DOS SANTOS	M	34	M3039	22		00:35:10	00:35:03	06:37	9,07
84	206	JAQUES VINILSON GONCALVES VIEIRA	M	48	M4049	19	AVULSO	00:38:36	00:38:32	07:16	8,25
85	152	MURILO BRATTI	M	45	M4049	20		00:38:51	00:38:44	07:18	8,21