



Descrição Faixa	Coloc.	Num.	Nome	Id.	Equipe	Tempo	Líquido	Ritmo	Veloc. Média
<b>Feminino de 20 até 29 anos</b>									
	1	221	ROSEMARY ALVES TEIXEIRA	23	APISA	00:25:52	00:25:49	04:52	12,32
	2	81	JENNIFFER RAISSA DAS NEVES	26	CORREPG	00:26:58	00:26:58	05:05	11,79
	3	184	SUELEN CRISTINA CHAMI	29	CORREPG	00:28:27	00:28:27	05:22	11,18
	4	134	MARIANE CORREA DOS SANTOS	29	AVULSO	00:28:59	00:28:59	05:28	10,97
	5	32	CRISTIANE APARECIDA PEDROSO	26	DK PERSONAL TRAINER	00:30:08	00:30:07	05:41	10,56
	6	192	VERONICA COSTA CALIXTO	27	EQUIPE BARRA DO JACARÉ	00:30:22	00:30:18	05:43	10,50
	7	57	FERNANDA ESTEVES MARIA	23	EQUIPE ALTO GIRO PG	00:30:45	00:30:45	05:48	10,34
	8	3	ADRIELY SOLAK DA SILVA	27		00:31:09	00:31:04	05:52	10,24
	9	164	PRISCILA DEFENDI DOS SANTOS	29	ALTO GIRO	00:31:10	00:31:10	05:53	10,20
	10	23	CAMILA MOREIRA RODRIGUES ROCHA	26	AVULSO	00:35:02	00:34:56	06:35	9,10
	11	29	CATIUSSA MAIARA PAZUCH	28		00:35:10	00:35:03	06:37	9,07
	12	96	LARISSA APARECIDA CARNEIRO	26	AVULSO	00:36:48	00:36:42	06:55	8,66
	13	58	FERNANDA J LAMAS MACHADO	29	SUPERAÇÃO	00:37:26	00:37:25	07:04	8,50
	14	78	JAQUELINE BARBOSA MOREIRA	21	ALTO GIRO	00:43:51	00:43:48	08:16	7,26
<b>Feminino de 30 até 39 anos</b>									
	1	183	SIMONE APARECIDA KUSCHENIR	33	SUPERAÇÃO	00:26:44	00:26:44	05:03	11,90
	2	120	MARCIA OLIVEIRA DA SILVA	38	APISA	00:27:19	00:27:19	05:09	11,64
	3	150	MIRIAN CORREA SANTOS DA LUZ	37	APISA	00:27:21	00:27:21	05:10	11,63
	4	5	ALESSANDRA MIKETEN KOSTESKI WINCHE	30	STUDIO SUPERAÇÃO FITNESS	00:28:14	00:28:14	05:20	11,26
	5	109	LUCIANA DOS SANTOS BENITES	35	PROJETO CORRE PIRAI	00:29:16	00:29:11	05:30	10,90
	6	160	PAULA DE FATIMA KUSCHENIR	36	SUPERAÇÃO	00:29:24	00:29:24	05:33	10,82
	7	65	GISELE CRISTINA OGRYSKO	35	SUPERAÇÃO	00:30:39	00:30:39	05:47	10,38
	8	25	MARILANDRA SANTANA	35	CORREPG	00:30:44	00:30:42	05:48	10,36
	9	249	SIRLEI SOARES	39		00:31:11	00:31:06	05:52	10,23
	10	33	DAIANE DA SILVA	34	AVULSO	00:31:39	00:31:35	05:58	10,07
	11	44	ELAINE CRISTINA DE OLIVEIRA	30	EQUIPE RUNNERS ARAPOTI	00:32:23	00:32:22	06:06	9,82
	12	159	PATRICIA KOTARSKI	38		00:32:27	00:32:27	06:07	9,80
	13	189	VALERIA FLUGEL DA LUZ	32	APISA	00:33:40	00:33:36	06:20	9,46
	14	139	MARLI GOMES DE OLIVEIRA DOS SANTOS	32	EQUIPE RUNNERS ARAPOTI	00:33:41	00:33:40	06:21	9,45
	15	59	FRANCIANE DE SANTANA	31	ALTO GIRO	00:34:14	00:34:14	06:28	9,29
	16	31	CLAUDETTE GALVAO	31	CONSAUDE	00:34:22	00:34:17	06:28	9,28
	17	52	FABIANE GASPARINI	39		00:34:45	00:34:42	06:33	9,16
	18	11	ANDREA APARECIDA COELHO VIEIRA TORRES	38		00:35:02	00:35:00	06:36	9,09
	19	79	JEANE RIBEIRO MELLO	38		00:35:26	00:35:24	06:41	8,98
	20	190	VERENA LASKOS	32	SUPERAÇÃO	00:35:41	00:35:41	06:44	8,91
	21	77	JAMILE LOSS MACHADO	30	SUPERAÇÃO PG	00:37:26	00:37:25	07:04	8,50
	22	35	DANIELLE RAMOS GABRIEL	34	PMR	00:40:04	00:39:59	07:33	7,95
	23	48	EMMANUELLE RAMOS GABRIEL	37	AVULSO	00:42:35	00:42:29	08:01	7,49
	24	1	ADRIANE MARIA GRAMINHO	37	RUNNERS ARAPOTI	00:43:24	00:43:21	08:11	7,34
<b>Feminino de 40 até 49 anos</b>									
	1	115	LUZIA APARECIDA DE SOUZA	40	CR RUNNE	00:27:42	00:27:42	05:14	11,48
	2	36	DIONEIA SANTOS LUNA DE SOUZA	41	EQUIPE RUNNERS ARAPOTI	00:29:17	00:29:17	05:32	10,86
	3	172	RITA DOS SANTOS	47		00:29:36	00:29:34	05:35	10,76
	4	138	MARISTELA SIMONE DE ANDRADE	41		00:31:04	00:31:02	05:51	10,25
	5	205	JACQUELINE LOPES DA SILVA	45	CORREPG	00:32:52	00:32:51	06:12	9,68
	6	42	EDILAINE DA SILVA FERREIRA	49		00:33:26	00:33:24	06:18	9,52
	7	223	SOLANGE ROSSIU COSTA DE OLIVEIRA BUENO	40	APISA	00:34:02	00:33:58	06:25	9,36
	8	64	GIOVANA TAYSE SOUSA DE JESUS BRATTI	45		00:38:52	00:38:45	07:19	8,21
	9	99	TERESINHA MENY	46	AVULSO	00:39:54	00:39:50	07:31	7,98
	10	222	SILK KALINY BEZERRA DE AQUINO	41	AVULSO	00:41:09	00:41:06	07:45	7,74
	11	105	LOIDE RIBEIRO DA SILVA	49		00:46:33	00:46:30	08:46	6,84
<b>Feminino de 50 até 59 anos</b>									
	1	137	MARISA DA LUZ	58	MOVIMENTA PONTA GROSSA	00:28:48	00:28:44	05:25	11,07
	2	66	GLACY DE FATIMA OLIVEIRA	59	EQUIPE RUNNERS ARAPOTI	00:28:51	00:28:51	05:27	11,02
	3	125	MARI JUCIELIA BACH	52	SUPERAÇÃO	00:31:38	00:31:38	05:58	10,05
	4	135	MARILETE FRANCESCATTO FRANCESCHINI	52		00:31:51	00:31:49	06:00	9,99
	5	234	TANIA REGINA GUIMARAES	54		00:33:08	00:33:07	06:15	9,60
	6	51	ERNESTINA DE FATIMA KOTARSKI	59		00:34:13	00:34:11	06:27	9,30
	7	132	MARIA SALETE MARCON GOMES VAZ	52	MOVIMENTA PONTA GROSSA	00:38:05	00:38:02	07:11	8,36
	8	176	ROSEMARY CRISTINA VANZELLA PASINATTO	51		00:41:35	00:41:32	07:50	7,66
<b>Feminino de 60 até 99 anos</b>									
	1	182	SILMARIA RITA DINIZ RIBEIRO	61	MOVIMENTA PONTA GROSSA	00:31:43	00:31:43	05:59	10,03
	2	204	ISOLDE LUISA GEHR	61	MOVIMENTA PONTA GROSSA	00:36:07	00:36:04	06:48	8,82
	3	212	MARIA AUGUSTA GODOI	70	MOVIMENTA PONTA GROSSA	00:39:54	00:39:53	07:32	7,97
	4	154	NANCY ARAUJO GORSKI DAMASCENO	60		00:46:34	00:46:31	08:47	6,84