



Ultimate Psyllium

Organic Ultimate Psyllium - Premium Blonde is the **healthiest choice** for your body and planet.

Product Fact Sheet

VARIETIES

- Original Formulation
- Sweetened With Kiwi Fruit Extract

PACKAGE WEIGHTS

- 250G CANISTER
- 500G CANISTER
- 1KG BAG
- 25KG BAG

SERVINGS 1 tablespoon once or twice per day

INGREDIENTS 100% Premium Blonde Ultra Fine Certified Organic Psyllium Husk Powder. No preservatives, no colours, no sweeteners, no additives of any kind.

Ultimate Psyllium is an organic source of high quality prebiotic fibre vital to the delivery of essential nutrients to the entire body.

- › Ultimate Psyllium is a daily source of soluble and insoluble fibre.
- › Fibre is known to promote healthy digestion, blood sugars, cholesterol and general wellbeing.
- › Assists in healthy stool formation and prevention of diarrhoea, constipation and flatulence.
- › Assists in weight management.
- › Helps to maintain regular bowel movements.

Organic farming methods are always the healthiest choice for our body and planet. Conventional farming methods can damage our environment and health due to the use of herbicides, pesticides and fertilizer run off. Ultimate Formulations only contain the highest grade organically grown herbs in every formula.

Ultimate Psyllium is batch tested to ensure a consistently high quality product and purity. Our premium Psyllium is free from lead and other heavy metals. Consume with confidence - tested to be free of toxic herbicides, pesticides, moulds, insect fragments and other unwanted nasties. Ultimate Formulations products are laboratory tested for nutritional panel information accuracy.



NUTRITIONAL INFORMATION

Servings per pack: 50
Serving Size: 10 g (1 tablespoon)

	Quantity Per Serving	Quantity Per 100g
Energy	78kJ	782kJ
Protein	less than 1g	1.6g
Fat, total	less than 1g	less than 1g
- Saturated	less than 1g	less than 1g
Carbohydrate, total	1.9g	19.1g
- Sugars	less than 1g	2.4g
Fibre	9g	89.9g
Sodium	6.4mg	64mg

*Percentage of recommended dietary intake
All quantities are above averages

WARNING

People taking prescription medications should consult with a nutritionally minded health practitioner prior to taking any product.

For more information or specific advice visit

UltimateFormulations
www.ultimateformulations.com.au

For all other enquiries please call us on **(08) 9384 5554**
or email at bowelrestore@bigpond.com