

Registration Form



- Do you desire a closer relationship with God through Jesus?
- Do you wish to learn about the history and development of spirituality?
- Do you want to know how prayer and scripture can deepen your spiritual life?

Loyola Institute for Spirituality (LIS) recognizes the spiritual hunger of people in search of a deeper and more meaningful faith experience today. This felt need creates increasing demands for spiritual development, especially for lay leaders in the church and society. LIS strives to address this reality through the **Ignatian Spiritual Formation Program (ISFP)**, which provides an opportunity to form lay leaders and LIS Associates, who will collaborate with LIS and/or local faith communities. ISFP strives to make spiritual experiences and formation as practical and accessible as possible for people involved in spiritual ministries.

This formation program consists of three phases, lasting one year each:

- Phase I:** *Studies in Ignatian Spirituality* provides a basic understanding of Ignatian spirituality through classes that explore various areas of spirituality within an Ignatian framework.
- Phase II:** *The Spiritual Exercises in Daily Life* fosters a transformative personal relationship with Jesus through the experience of the full Spiritual Exercises of St. Ignatius of Loyola.
- Phase III:** *Formation in Spiritual Ministry* provides advanced courses and supervised hands-on experiences to prepare graduates for various spiritual ministries, esp. as LIS Associates.

ISFP Phase I: Studies in Ignatian Spirituality, 2016–2017

Name _____
Address _____
City _____ State _____ Zip _____
Phone _____ Email _____
Parish/Church Affiliation (if applicable) _____

- I wish to apply for Phase I of the Ignatian Spiritual Formation Program (all five courses, \$750).
- I wish to register for the following courses only (\$150 each).
SP1-01 _____ SP1-02 _____ SP1-03 _____ SP1-04 _____ SP1-05 _____

Payment by check:

Please make check payable to LIS and mail to:

Loyola Institute for Spirituality
480 S. Batavia Street
Orange, CA 92868

Payment by credit card:

- Visa MasterCard American Express

Name (as it appears on credit card) _____
Account Number _____
Expiration Date _____ CSV/CVV Code _____ Total Payment _____
Signature _____

Phase I: Studies in Ignatian Spirituality

These evening courses emphasize practical knowledge and use the following learning methods: **1)** input and process following an adult education model; **2)** personal integration through experiential and theological reflection; **3)** case studies and role modeling when appropriate; and **4)** handouts, resources, and reading materials as needed.

Courses are taught by LIS staff and held at the Loyola Institute for Spirituality in Orange, CA. The cost for each course is \$150. Scholarships are available on a limited basis. Those desiring financial assistance are asked to contact the LIS office.

To register, please fill out the form on the back of this brochure and submit to LIS.
For more information, please contact Br. Charles Jackson, S.J., at 714-997-9587 ext. 24 or email jackson@loyolainstitute.org

Loyola Institute for Spirituality

480 S. Batavia Street
Orange, CA 92868
714-997-9587
office@loyolainstitute.org
www.loyolainstitute.org

Courses in Phase I are open to everyone and may be taken in any order. Phase I participants who wish to take all five courses need to register only once. Those desiring to complete the three-year Ignatian Spiritual Formation Program can miss no more than two meetings of any particular course.

IGNATIAN PRAYER

SP1-01: 6 weekly evening sessions (15 hrs.)

Dates: **Thurs., Sept. 8, 15, 22, 29, Oct. 6, 13, 2016 @ 7:00–9:30 p.m.**

Instructor: Br. Charles Jackson, S.J.

Prayer is essential to deepening one's personal relationship with God. This course explores some key elements of prayer—e.g., desire, grace, imagination, the affections, etc.—difficulties in prayer, obstacles to prayer, and growth in prayer. Participants will have opportunities to experience different methods of prayer: Ignatian Contemplation, Lectio Divina, the Examination of Consciousness, and more.

BIBLICAL FOUNDATION IN SPIRITUALITY

SP1-02: 6 weekly evening sessions (15 hrs.)

Dates: **Thurs., Oct. 27, Nov. 3, 10, 17, (Thanksgiving), Dec. 1, 8, 2016 @ 7:00–9:30 p.m.**

Instructor: Sr. Barbra Ostheimer, S.N.D.

This course is an introduction to the Christian Bible (both Old and New Testaments) and explores its importance in personal spirituality and growth. The relevance of scripture in Ignatian spirituality and in prayer and daily Christian living is highlighted. Participants are invited to a prayerful, meditative reading of scripture.

HISTORY OF CHRISTIAN SPIRITUALITY

SP1-03: 6 weekly evening sessions (15 hrs.)

Dates: **Thurs., Jan. 5, 12, 19, 26, Feb. 2, 9, 2017 @ 7:00–9:30 p.m.**

Instructor: Br. Charles Jackson, S.J.

This course explores the nature, origin, and historical development of Christian spirituality, while examining in greater depth some of the most significant Christian spiritualities. Participants will have the opportunity to gain greater understanding of the past, present, and future development of their own spiritualities.

HUMAN DEVELOPMENT & SPIRITUAL MATURING

SP1-04: 6 weekly evening sessions (15 hrs.)

Dates: **Thurs., Feb. 23, March 2, 9, 16, 23, 30, 2017 @ 7:00–9:30 p.m.**

Instructor: Sr. Barbra Ostheimer, S.N.D.

This course fosters deeper understanding of the impact of human growth and personal development on spiritual maturing. We consider how appropriation of our desires, affects, and imagination promotes healing, inner freedom, and wholeness. Sessions will include opportunities for integrating the human and the holy through reflective exercises and practical applications.

IGNATIAN DISCERNMENT

SP1-05: 6 weekly evening sessions (15 hrs.)

Dates: **Thurs., April 20, 27, May 4, 11, 18, 25, 2017 @ 7:00–9:30 p.m.**

Instructor: Sr. Jeanne Fallon, C.S.J.

This course explores the subject of discernment and its impacts on the spiritual life and daily living. The introductory treatment of Ignatian discernment entails examining the concepts of consolation and desolation, spiritual movements and counter-movements, and discerning our interior experiences. The major principles in Ignatian discernment will be explored.

PHASE II: The Spiritual Exercises in Daily Life

The full Spiritual Exercises of St. Ignatius of Loyola is offered to participants after application and a brief interview. The nine-month Spiritual Exercises in Daily Life (19th Annotation Retreat) involves daily prayer and personal reflection, weekly individual spiritual direction with a personal director, and monthly Wednesday evening faith-sharing sessions from September to June.

PHASE III: Formation in Spiritual Ministry

Participants who have completed both Phase I and Phase II of the Ignatian Spiritual Formation Program will have the opportunity for more advanced training in Ignatian Spirituality. Application and acceptance into the third year is required. Courses meet Tuesday evenings, with some extra third-year gatherings.

SPIRITUAL COMPANIONING

SP3-01: 6 weekly evening sessions (15 hrs.)

Dates: **Tues., Sept. 6, 13, 20, 27, Oct. 4, 11, 2016 @ 7:00–9:30 p.m.**

Instructor: Sr. Barbra Ostheimer, S.N.D.

This third-year course introduces a contemplative, discerning model for spiritual companioning. It aims to develop the basic skills necessary in spiritual guidance such as empathic listening and evocative responses. This course involves reading, intensive small group works, and spiritual accompaniment, with a focus on evaluating and enhancing the quality of the spiritual guidance process.

DISCERNMENT OF SPIRITS

SP3-02: 6 weekly evening sessions (15 hrs.)

Dates: **Tues., Oct. 25, Nov. 1, 8, 15, 22, 29, 2016 @ 7:00–9:30 p.m.**

Instructor: Br. Charles Jackson, S.J.

This advanced discernment course explores the theoretical foundations and practical applications of the Ignatian Rules for the Discernment of Spirits. This course involves a deeper exploration into the experience of consolation and desolation, especially the more subtle spiritual movements using the Second Week Rules. It includes intensive reading, discussion, case studies, and practical application to the spiritual companioning process.

IGNATIAN LEADERSHIP

SP3-03: 6 weekly evening sessions (15 hrs.)

Dates: **Tues., Jan. 10, 17, 24, 31, Feb. 7, 14, 2017 @ 7:00–9:30 p.m.**

Instructors: Fr. Felix Just, S.J. and LIS Staff

This course focuses on deepening leadership skills for ministry in Ignatian spirituality. It involves reading and discussion of the key characteristics of an Ignatian style of leadership. It also includes activities designed to develop practical skills, including leading prayer services, facilitating faith-sharing groups, making presentations, and similar activities.

STRUCTURE AND DYNAMICS OF THE SPIRITUAL EXERCISES

SP3-04: 6 weekly evening sessions (15 hrs.)

Dates: **Tues., April 11, 18, 25, May 2, 9, 16, 2017 @ 7:00–9:30 p.m.**

Instructor: Br. Charles Jackson, S.J.

This advanced course examines the theoretical foundations, structure, and movements of the four weeks of the *Spiritual Exercises*, including the key meditations and annotations. This course is essential for facilitators of the *Exercises* to develop the necessary theoretical understanding to effectively direct other people through the *Spiritual Exercises* with discerning freedom and prudence. The course involves intensive reading and discussion.

PRACTICUM IN SPIRITUAL MINISTRY

SP3-PR: 4 sessions spread throughout the third year

Dates: **Oct. 18, Dec. 13, 2016, Feb. 21, May 23, 2017 @ 7:00–9:30 p.m.**

Supervision: Sr. Barbra Ostheimer, S.N.D., and LIS Staff

This year-long *practicum* experience consists of engaging in ministerial opportunities, such as directing retreats, days of prayer, workshops, presentations, spiritual companioning, etc., under the direction and mentoring of the LIS staff. This ongoing practicum provides practical application of the third-year experience, helps to deepen the participant's skills and experience, and affirms one's call to spiritual ministry.