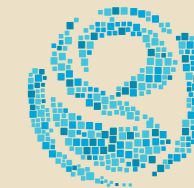




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ZARA SPA
THE DEAD SEA



Zara Spa Experience

Zara Spa experience is complimentary when you book any of our treatments with a minimum value of JD 100 per day/person.

Zara Spa experience includes unlimited use of the Hydro pool, Dead Sea pool 1 and 2, Kneipp foot massage pool, Thermariums (including caldarium, laconium, tropical showers and indoor and outdoor relaxation areas), Tranquility lounge, Gym, Spa infinity pool and beach access.

All prices applied are subject to change based on seasonality.

Our Day Packages

For your benefit we have combined some of our most popular packages. Please ask at reception to speak to a Therapist, in order to receive the right treatments for your specific concerns. All packages below are per person.

Dead Sea Spa Journey 210JD

What We Are Famous For...

Dead Sea Salt Scrub
Dead Sea Mud Wrap Natural
Swedish Massage
Dead Sea Healing Mud Facial

Anti-Cellulite Package 170JD

Algae Hydrobath
Anti-Cellulite Massage
Slimming Wrap

Thalgo Indoceane Spa Ritual 185JD

Sensational relaxing Spa Journey

Sweet and Savory Body Scrub
Precious Bath Milk
Luxurious Indoceane Aroma Massage
Sublime Body Wrap

Thalgo Polynesian Spa Ritual 170JD

Taha'a Exotic Island Body Scrub
Mahini Lagoon Water Bath
Bora Bora traditional Mahana Massage
Raiatea Island with the Sacred Oil

De-stress Spa Journey 225JD

Relaxing Dead Sea Salt Bath
Relaxing Mud Wrap
Aroma Massage
Thalgo Purity Facial
Hair Blow Dry

Anti-ageing Spa Journey 240JD

Hyaluronic Filler Facial
Thalasso Bath with Algae
Thalgo Slim & Sculpt Wrap and Massage
Manicure with Paraffin Treatment
Hair Blow Dry

Purifying Traditional Hammam 110JD

Traditional Loofah Exfoliation with Olive Oil
Rose or Orange Flower Clay Mud Wrap
Lotion application with Essential Oils

3 Day Spa Journey* 380JD

1 ZARA Spa Consultation
3 ZARA Spa Experience
1 Dead Sea Salt Scrub
1 Dead Sea Natural Mud Wrap
1 Oriental Massage
1 Hydro Therapy Salt Bath
1 Aroma Massage
1 Dead Sea Healing Mud Facial
1 Blow Dry or Hair Conditioning Treatment

5 Day Spa Journey* 600JD

5 ZARA Spa Experience
1 ZARA Spa consultation
1 Purity Ritual Facial
1 Dead Sea Salt Scrub
2 Dead Sea Natural Mud Wraps
1 Hydro Therapy Salt Bath
1 Oriental Massage
1 Swedish Massage
1 Aromatherapy Massage
1 Spa Manicure and Pedicure
1 Blow Dry or Hair Conditioning Treatment

7 Day Spa Journey* 800JD

7 ZARA Spa Experience
1 ZARA Spa Consultation
1 Dead Sea Healing Mud Facial
2 Hydro Therapy Salt Bath
2 Dead Sea Natural Mud Wrap
1 Oriental Massage
1 Oriental Head Massage
1 Aroma Massage
1 Reflexology
1 Swedish Massage
1 Heavenly Hot and Cold Stone Massage
1 Spa Manicure and Pedicure
1 Blow Dry or Hair Conditioning Treatment

* Includes a gift set of Dead Sea Products

Massage Treatments

A range of massages to suit various personal needs and preferences. Massage remains the most popular of treatments and it is the ideal way to complement other Spa treatments.

Aromatherapy Massage 50 min | 70JD

A relaxing hypnotic full body massage with luring essential oils used to enhance mood and memory.

Oriental Massage 50 min | 70JD

A full body massage that combines acupressure and stretching to unknot muscles de-stress and re-store energy.

Swedish Massage 50 min | 70JD

A full body massage with regulated pressure - begins softly and gradually gets deeper.

Back, Neck and Shoulder Massage 25 min | 46JD

Focuses on releasing tension in the back neck and shoulders, perfect for a quick release.

Couples Massage 80 min | 175JD

Experience together a luxurious full body massage designed to relax and unwind. The Royal Suite or the Sunset Terrace can be booked upon request. Also includes Spa refreshments.

Mother-to-be 50 min | 70JD

Lying on your side and designed for your comfort from 3 months on, relax as your body is soothed and your skin pampered with the nourishing properties of natural and gentle massage oil. A full body massage designed to answer all the developing needs of you and your baby and to give the nurturing treatment you both deserve.

Sports Massage 50 min | 80JD

This is a deeper massage focusing on the muscles. (It can be tailor-made depending on the condition, please ask to see a Therapist prior to treatment if you are suffering from an injury).

Anti-Cellulite Massage 50 min | 80JD

An invigorative and stimulating massage with firming and toning movements which helps reduce the appearance of cellulite.



Hydro Experience

Relax in a Jacuzzi bath as underwater jets gently stimulate and massage the entire body. Popular preparation for anti-stress and anti-cellulite treatments.

Hydro Therapy Bath 25 min | 42JD
Revitalizing, Relaxing and Regenerating Dead Sea Salts. A relaxing treatment with salts from the Dead Sea, which help to soften soothe and refresh, increasing the blood circulation to the upper layers of the skin.

Precious Milk Bath from Thalgo 25 min | 52JD
Indulge like Cleopatra and let your mind and body relax whilst soaking in a bath full of precious milk. Your skin is moisturized and covered with a shimmering veil.

Thalasso Bath with Algae 25 min | 50JD
Micronized marine algae from the French Sea rich in minerals is used to energize, stimulate and drain the toxins stored in the body. This is the perfect way to kick start a De-tox. A couple of sessions are advised for desired results.

Signature Dead Sea Body Treatments

A range of treatments capturing the renowned powers of the Dead Sea.

Natural Dead Sea Salt Scrub 25 min | 46JD
Full body exfoliation leaves the skin feeling brand new. These famous salt granules provide skin preparation for your next treatment. Recommended for tanning preparation.

Relaxing Mud Wrap 50 min | 60JD
Experience pure indulgence while the Dead Sea Mud wrap works its magic!

Exceptional Mud Wrap 50 min | 80JD
This ultimate Dead Sea Mud treatment provides a draining, decongesting action. It includes a revitalizing scalp and facial massage that helps ease the mind, soothe tension and headaches.

Serenity Dry Floatation Mud Wrap 50 min | 84JD
Lay back and float into a state of serenity. Be enveloped in creamy mud enriched with Dead Sea minerals in our warm floatation bed that is designed to gently alleviate aching muscles and joints. This purifying wrap acts to stimulate the lymphatic system, promotes body detoxification and leaves the skin fresh with a silky touch.

Treatments by our Specialists

Alternative Therapies using ancient healing arts and philosophy are used to restore the body's natural equilibrium, nurturing the mind, body and spirit.

Acupuncture 55/85 min | 80/100JD
Acupuncture is a natural therapeutic treatment that has been practiced for thousands of years in the Far Eastern world. It works on the internal organs to aid recovery. It enhances pain tolerance by redirecting the flow of Qi. It is believed to cure many forms of diseases.

Cupping 50 min | 70JD
Glass light bulb shaped jars are fixed on various points in the body, using a pump to create a vacuum. Used for the relief of arthritic pain, abdominal pain, indigestion, headache, hypertension, common cold, low back pain, jet lag, and constant tiredness. It is often practised together with acupuncture and massage.

Reflexology 25min/50 min | 46JD/70JD
Ancient Chinese technique using pressure point massage performed on the feet to restore the flow of energy and promote natural healing.

Shiatsu Massage 50 min | 80JD
Shiatsu works with vital points and energy meridians that can help ease daily stresses on the body. It is particularly good for joint pain, enabling the body's Qi to flow smoothly, leaving you free to enjoy all round well-being.

Oriental Head Massage 25 min | 46JD
A natural face lift. Pressure points on the scalp and face are released to help smooth your brow, relieve your eye fatigue and tension headaches.

Heavenly Hot & Cold Stone Massage 65 min | 99JD
One stroke of the volcanic stone is equivalent to ten strokes of the palm. These ancient stones are said to have magic healing powers due to the minerals found in them. Using the stone's warmth allows your Therapist to work deeper and get to the real stress of the muscles. You will feel restored and relaxed.

Revitalizing Hot & Cold Stone Back Massage 25 min | 50JD
Relax with a specific back, neck and shoulder massage using hot and cold stones.

Physiotherapy 50 min | 70JD
Our specialists have experience in sports injuries, chronic pain, neuro-muscular and neurological conditions. Whether you have an acute or chronic condition, perhaps it is time for a closer look with a holistic approach.

Lymphatic Drainage 65 min | 80JD
Flowing wave-like movements softly stimulating the lymph and fluid circulation to boost up the immune system and to detoxify the body. Ideal after a long flight or while detoxifying.

Holistic Nutrition Consultations 50 min | 50JD
“Let food be your medicine and medicine be your food”. Will assist with weight loss, increased energy, a stronger immune system, clearer thinking and helping to relieve abdominal discomfort and a variety of illnesses.

Tai Chi 50 min | 30JD
The movement forms are ideal for developing strength, suppleness, internal healing and stamina. Have also shown to be effective in reducing high blood pressure. This ancient art form is a magnificent way to connect with your energy flow.

Personal Fitness Training Program 50 min | 30JD
Our qualified Fitness Instructor will work with you to motivate and assist you to achieve your personal health and fitness goals, whether it is cardiovascular fitness, advanced strength, flexibility and weight loss.

Specialised therapies and wellness activities may be limited to season and Therapist availability – please consult the Spa Reception for updated information.

Rivage Dead Sea Facial Programs

Naturally re-balance and re-mineralize your skin.

Mini Mud Facial 40 min | 52JD

Express energy facial with natural vitamins and minerals from the Dead Sea.

Healing Mud Facial/Optional Steam and Extraction 50/65 min | 65/80JD

This treatment will leave your skin clean, exfoliated, smooth and full of energy. Steam treatment is optional for deep cleansing, please specify at Spa Reception.

Dead Sea Scalp Revitalizing & Conditioning Treatment 40 min | 50JD

Mud rich in Dead Sea minerals for irritated and problematic scalp, a conditioning treatment to follow.

Thalgo Facials Treatments

Thalgo Purity Ritual 50/65 min | 73/80JD

Facial M/F (optional steam and extraction)
For all skin types, this facial uses products that are perfectly adapted to the client's needs. Optional deep cleansing steam and extraction is available, please specify at Spa Reception.

Hydra Moisture Source Treatment 60 min | 75JD

This treatment is a truly hydrating and relaxing "skin bath" for very dehydrated skin with the fine wrinkles resulting from lack of water.

Micronized Marine Algae Facial 60 min | 75JD

(Thalasso experience for oily skin)
Rich in minerals and vitamins, the natural algae helps in regulating sebum production, detoxifies and eliminates skin imperfections. The skin is refreshed and balanced.

Thalgotermyl 60 min | 75JD

(problematic oily skin)
Rebalancing and refreshing, this can help reduce blemishes and break down inflammation with a matte finish to the skin.

Algomera Warm Treatment 60 min | 75JD

(dry skin to very dry skin)
Special nourishing facial care recommended for dry and mature skin, making your face feel comfortable again.

Cold Marine 60 min | 75JD

(sensitive and reactive skin)
Use for sensitive and over reactive skin, reduces redness and helps sun burnt skin.

Chronodetox Facial 60 min | 75JD

(Oxygenating Facial)
Brightens and revives dull skin, leaving the face refreshed and radiant.

Thalgo Anti-Aging Facial Programs

Revitalizing Anti Ageing Eye Treatment 40 min | 50JD

Special attention to the skin around your eyes to treat wrinkles and dehydration in this fragile area.

Collagen Smooth Facial 75 min | 95JD

(first signs of ageing)
Pure collagen for intensive moisturizing care. Fights the first signs of ageing from the very first wrinkle.

Hyaluronic Filler Facial 75min | 95JD

(deep wrinkles)
This treatment reactivates the regenerative power of the skin. The face is smoother, less wrinkled; deep wrinkles and frown lines are plumped from within.

Silicium Super Lift Facial 75mins | 95JD

Specilised thalgo anti-ageing facial. Great for helping fill and lift noticeable wrinkles and skin slackening.

Exceptional Facial 75 min | 115JD

(restructuring and anti-ageing)
Designed by doctors, the ultimate biological "botox like" lifting facial, this treatment is rich in natural algae hormones for the complete anti-ageing experience.



Slimming and Firming Body Treatments

A range of body treatments especially designed to firm, tone and tighten the skin (we offer 10% discount on courses of 6).

Micronized Marine Algae Detoxifying Wrap

65 min | 70/375 JD

Detoxifying and slimming marine seaweed is the best way to detoxify and kick start the body for the removal of toxins without having to orally take supplements. Choose as a course for advanced results and alongside massage.

Thalgo Mince Wrap*

65 min | 70/375 JD

Targets soft and hard cellulite with a revolutionary active ingredient which stimulates and re-programs adipocyte cells. We suggest this treatment for stomach, hips, saddlebags and knees.

Slim and Sculpt Expert*

110 min | 120/645 JD

This revolutionary expert fitness massage with slimming and firming body wrap target stubborn cellulite, under the combination of the fitness massage and active ingredients, the figure is remodeled and cellulite visibly diminished.

Finishing Touches

Full Leg / Half Leg 32/23 JD

Bikini Line / Brazilian Wax 20/35 JD

Full Arms / Underarms 30/15 JD

Lips / Chin 13 JD

Eyebrows 15 JD

Hands and Feet

Keep your nails looking and feeling fabulous in all seasons.

Spa Manicure (optional paraffin wax) 55/70 min 25/35 JD

Spa Pedicure (optional paraffin wax) 55/70 min 32/42 JD

Change of Polish 20 min 15 JD

French Finish – Extra 4 JD

* Includes a gift set of Dead Sea Products

Hair Salon

Pre-booking advised for Weddings and Special Occasions. Price range depends on hair length.

Wash and Blow Dry 14–18 JD

Deep Conditioning Treatment 22 JD

Cut 18–32 JD

Kids – under 12 years 8 JD

Men's Cut 15 JD

Hair up Style 40 JD

Curling 30 JD

Color 25–50 JD

Highlights 40–70 JD

Professional Make-Up 50–75 JD

Bride & Groom Packages

Bridal Package 275 JD
Make-Up and Hair

Full Bridal Package 345 JD
Make-Up, Hair and mani and pedi

Brides Spa Day 500 JD
Scrub, massage, facial, French mani and pedi, hair-do and make-up

Grooms Spa Day 160 JD
Precious bath, Swedish massage, mani, pedi and hair style

Bachelor and Bachelorette Packages
This can also be arranged.
Please call the Spa for more information.

All prices are inclusive of 7% Sales tax and 10% service charge. Cancellation policy: Please allow 24 hours cancellation to avoid 50% charge. Please note that rates are subject to change.