



"You Must See Your Path Clearly"

DARE TO DREAM

"Our willingness to create a new dream or vision for ourselves is a statement of belief in our own potential." ~David McNally

We've all been born with the potential for living a full and beautifully abundant life. The problem is that most of us have forgotten that and have settled into a life of mere existence. We have forgotten how to dream. Think back to when you were a child and you knew no limitations. We used to say "When I grow up I am going to be the president, an astronaut, a fireman, a ballerina, etc." The sky was the limit and that beautiful energy and anticipation for what was to come was untouched by fear, doubt or outside influences. Then, somewhere along life's path we began shutting down. We started listening to others and began following in the footsteps of those who influenced us and little by little we forgot about those dreams and we began to settle into a predictable and safe existence. What ever happened to that magnificence of wide open eyes and hearts with a dream so big that we just wanted to bust with happiness? Why have we stopped dreaming and allowed ourselves to settle into a life with limitations? We are now caught up in the rat race with no time left for dreaming. We are working jobs that don't fulfill us, are in relationships that don't complete us and have no time for family, friends or even ourselves. What is wrong with this picture?

I urge you to take a moment to evaluate your life and ask yourself the tough questions...Am I living my best life? Do I have enough time to spend with those I love? Have I compromised and settled for less? Has fear of change caused opportunities to slip away? You see, it's easy to create a habit of mediocrity when you have forgotten how to dream.

The fact that you're reading this book tells me that you're ready to get your dreams back. Thanks to a few miracles and a lot of hard work, I have found a powerful secret to success that I am going to share with you. Are you ready to start dreaming again and open your minds to all that is possible? Is it your time to reach for the stars and pursue a path to success? If you are

one of those asking "when is it my turn" or "where is the success for me," read on and allow me to awaken the sleeping giant inside of you that feels stuck, dissatisfied, frustrated and afraid. My hope for each of you is that my words will awaken you to all the fulfillment, happiness and joy you have been looking for and that once again you will dare to dream and begin exploring life's possibilities.

Through hard work and dedication I have taken myself to a place where I can truly say I am living my dreams. Every day I have to pinch myself to remind me that this is my life. How could this be possible for me? A little over 14 years ago I was 50 years old, dead broke, living in a small apartment, and working 60 plus hours per week. I had wished for more over the years and felt much like a window shopper as I looked at the successes of others. I found myself looking ahead and asking myself "how many more years can I work?" More importantly, "how do I provide for myself when I am no longer working?" Then in 1997 my prayers were answered when network marketing came into my life. What an innocent beginning this journey had. A little gift of health from my daughter arrived on my doorstep and that small package has changed the entire direction of my life. It's now been 14 years and through hard work and LOTS of personal growth, I have for the first time since childhood, awakened my dreams and began creating my future.

Have you ever wondered why some people are successful in life and other's are not? Or more importantly, have you ever wondered if you have what it takes to be one of those successful people? I now know that we all have within us the ability to create all that we are dreaming of. Life doesn't happen by chance. It happens by choice. The reason that people are not as successful as they want to be isn't because they lack ability but rather that they haven't figured out a way to tap into the power within themselves. The biggest stumbling block to our success is US. We have forgotten how to dream and we have settled into mediocre predictable lives with less than what we want or deserve. We were all put here to let our light shine and to live abundant lives of purpose. Please know that the "yes" deep inside of

you is your God given power to have a fulfilled, satisfying and abundant life. You deserve it! It begins with a dream!

As I look back over the years, I realize that I never even thought of another path. I couldn't possibly have worked any harder and I truly believed that I was doing all I could. I was so overwhelmed with my life as I knew it that I went into survivor mode living day to day hoping just to make it through. I was a single parent of two daughters who spent most of their childhood in day care. Oh how I wish I had known about network marketing then. How I wish I had looked outside my box in search of a better way. I think part of the reason I never tried to stretch myself and look to create success was because I didn't want to face any more difficulty. But, guess what? My life was difficult anyway and I wasn't living the life I wanted to live. Sadly, many of us are doing just that? When people complain to me about building their business and say it is hard work, I always respond the same. "Yes, it is hard work but what you're doing right now is hard and you're going to be doing it for the next 20 or 30 years. So why not get the "hard" out of the way and commit the next 18 to 24 months and get it done!" No one ever said this would be easy but the dream of a life worth having is worth the fight!!!!! Why not make the decision to get moving with your business in order that you can spend the upcoming years living the life of your dreams? It seems so simple, so why doesn't everyone just do it? The answer is also simple. It's because they don't know they can.

Where are the risk-takers? Have we forgotten that we have the power within us to make change? Have we been beaten down by negative circumstances and lost confidence? Are we caught up in past failures and fearful of trying again? Just know that the past doesn't equal the future and where you have come from is of little importance. Right now it is time to decide where you are going. Now is the time to begin putting your dreams above your fears and go after what you want. Let's decide to open our minds to all that is possible. Every one of us is created with enormous potential. It's time to tap into our ability to create an exciting, balanced, and predictable future.

Of course, it is very convenient to let ourselves play the "blame game." Events or circumstances can be easily used as a reason for our lack of success in life. Have you forgotten the thousands of success stories of personal triumph from people who have risen above similar circumstances? There are no excuses... When your dream is big enough, failure is not an option. How badly do you want this? Successful people do what unsuccessful people choose not to do. That's the bottom line. Have you taken ownership of your business? It took me 4 ½ years to make the decision I'm asking you to make. I was committed to the amazing products we have and I shared them with a passion in my heart. However, I was not committed to network marketing and in fact was embarrassed to be a part of it. What about you? Are you proud of this industry knowing it has the potential to lead you to the life of your dreams, or are you unwilling to break the negative images that you hold onto? Of course to break the cycle we have to get down to the root cause of what is stopping us from moving forward. What is it that seems to block us from taking the first step and trying to achieve success in the first place? For me it was the industry of network marketing itself.

Have you given yourself the opportunity to succeed? Perhaps you're afraid of success or believe you're not worthy of the abundance awaiting you. Perhaps you are afraid of failure and success! It is so much easier to blame others or circumstances in our life for our lack of success. We need to take personal responsibility and look within ourselves for the reasons we're not living the life we've dreamed of. Understanding why I was "stuck" in my life and being able to get to the root of it was the single most important step I took in order to build my network marketing business. I urge you to take a moment to evaluate your life and ask yourself these tough questions. Am I living my life with purpose? Do I have enough time to spend with my family, my friends and myself? Why have I compromised and settled for less? Has fear of change caused opportunities to slip by? Am I being negatively influenced by those around me and allowing them to pour cold water on my dreams?

It's easy to settle for mediocrity when you have forgotten how to dream. The sad thing is that many of us have never taken the time to dream at all. The years have stripped us of that beautiful childlike bliss where everything was possible. We became spouses, parents, career builders and settled into our lives. We took each day as it came never realizing that we had the power to change it all. I am here to say there is hope. Are you ready to get your dreams back?

Dreams revolve around hope. Do you hope for a better life? It's time to act! To awaken the dream you must believe it can be. By daring to dream we give light to hope. Dare to look ahead two years and ask yourself, "what would my perfect life look like if I follow my dream?" In this life, you would have all of the time and all of the money you could possibly want. Start visualizing this perfect life and write it down in present tense. Begin creating your future. Read it as often as possible and begin visualizing the future you have just created. Now, when you have a tough day, (which you will), simply ask yourself, "What will it cost me if I don't build this business?" Take another look at your paper and you will know exactly what you will be giving up. YOUR DREAM!!!! Most people will work a lot harder for the fear of losing something than they ever will for gain. Stay true to your dreams and never again be willing to put them aside and live below your potential. Although life is difficult and sometimes unfair, we have the opportunity to make positive change and the power to create our own destiny. We simply have to accept the challenge and use the gifts that are given to us.

Network Marketing offered me a clear path to success with health products that enhanced my life and distribution channels to help change a multitude of other lives. It offered me the possibility to dramatically increase my income and it gave me the opportunity to find myself for the first time in my life. It's who I've become as a result of building this business that is worth as much as the money. The sky is now the limit as I have found my voice and I continue to work in hopes of making a difference in as many lives as possible. Each and every one of you has the ability to reach for your own brass ring and go out there and take ownership of your future. My personal

belief is that network marketing can offer you the same opportunity. It is here knocking on your door and all you have to do is answer.

Think you don't have what it takes? Think you don't have the resources you need? You have everything you need to succeed and be part of the club of the highly successful. What skeletons are hiding in your closet preventing you from reaching success? Like many people, I once felt unworthy of receiving even the smallest of gifts. It's no wonder we find it so hard to believe that success can happen for us. I actually struggled just to feel worthy for the meager possessions I already had. I've since learned that each one of us deserves the best that life has to offer. It begins with removing self-defeating beliefs and destroying the perception that we are not worthy of the abundance surrounding us. I unequivocally believe that if you're reading this book you're ready for change. You're ready to be accountable and more importantly, you're ready to dream again. It's time to take control of your life and stand up for what you want. It's time to let go of your self-limitations and let your dreams begin to flourish.

Are you ready to consciously reach out and grab the wealth and abundance that is waiting for you? If you are, you must actively pursue it and that process begins with a dream. There is nothing as precious and powerful as someone who has made the decision to start living their dream no matter what their circumstances. Is this your time? If so, your journey is about to begin. Don't be afraid to begin right where you are. I remember the day I made my conscious decision to build this business. It had been 4 ½ years and I finally I got it!!! I had to see it first in order to create it. I wrote down my vision statement and continued to read it day after day and I began to feel the energy and the fire it stirred within me. It was becoming real and I was getting so pumped up knowing that it was right around the corner. It was so clear and I now knew what I had to do. It no longer mattered if people were saying no to me as I was not going to let anyone stand in my way. The phone got lighter, my posture changed and people began wanting what I had. I began working on myself even harder in order to become the person I was looking for. The law of attraction did the rest. Wow...It was so exciting to finally see this clearly. I was on my way.

Is it your time to spread your wings and soar to new heights? The road may seem difficult at times but I can assure you, it will all be worth it. With hard work, courage and dedication of purpose, you will find the happiness and satisfaction you've missed for so long. Never lose sight of your dreams no matter how challenging life seems and no matter how many obstacles stand in your way. Keep a laser focus on your dreams and it will empower you to create your own destiny. It is the reason you're making the trip. It's your motivation and inspiration. Goals will give you the measurements to track your progress and your dream will fuel your progress. Dreams will give you the passion and determination to overcome obstacles along the way. They will enrich and fulfill every aspect of your life as you accomplish what you set out to do.

DISCOVER YOUR "WHY"

"If we have a big enough "why," we will always discover the "how."

~Tara Semisch

Are you ready to take the next step? It is now time to discover your "why." (dream) When obstacles come up, your "why" (dream) will give you the fortitude and willpower to overcome and persevere, putting comfort aside. When you feel like quitting, your "why" (dream) will give you the energy to put one foot in front of the other and continue the fight. Your "why" is the dream that precedes your goal. 80% of your success will be determined by this most critical step.

Prior to discovering network marketing, I was aimlessly passing time in front of the television and routinely going back and forth to a job. I was comfortable in a life of mediocrity not knowing there was anything else. My life changed the minute I dared to dream. In one instant, I forgot about the life I had and started to imagine the life I wanted. For the first time in years I allowed myself to dream. My dreams were not small safe dreams that a

woman of my age and means might make. These were large, wonderful, impractical, and beautiful dreams. I dreamed of having enough money to be independent. I dreamed of managing my own time and living under my own rules. I dreamed of traveling around the world and spending time with my children and grandchildren. I dreamed of owning my own home on the beach and sitting on my balcony feeling the spray of the ocean as it hit my face. I dreamed of it all without limitations or doubt.

If anyone had looked at my life at that moment, they would have laughed. There was nothing to indicate that I could accomplish any of this. Although nothing in my life suggested my dreams could come true, I dreamed. My dream became my why. It became the reason I was willing to take the risks to change my life. My dream became the inspiration to carry me through every challenge and obstacle that I would face.

My "why" was critical to my success because without it I would have given up at the first sign of adversity and I would have fallen back into my old familiar patterns. Without it, every rejection would have been a fatal blow to my journey. I refused to give up because in my heart I knew exactly why I was doing what I was doing. My "why" took me from working 60 hours a week managing a tile and granite showroom to a place of freedom I never could have imagined.

I encourage you to really dig deep and figure out what is truly in your heart. What is it you would do with your life if you could have it all? This step is so critical to your success and I urge you to take your time working through it. Be patient with yourself and stay true to your dreams. Let the exercise unfold in a natural way. Don't rush or settle for your first thoughts. Truly seek to discover what you want in your life. Don't let others decide your path. After all, this is your future to create.

LET'S BEGIN

"Unhappiness is not knowing what we want and killing ourselves to get it." ~Don Harold

Take a few deep breaths. Close your eyes and remember a time in your life when everything seemed carefree, easy, and effortless. Remember a time when everything was going your way and you felt you were in the flow of success. Now imagine two years into the future. If time and money weren't an issue, what would you choose your life to look like? Can you picture it clearly in your mind? If you could have anything, what would it be?

I want you to draw an imaginary circle in your mind. Imagine that you are inside that circle. It's your comfort zone. It's safe but foggy, uncertain and restrictive. Imagine yourself getting stronger, braver, and stepping outside of the circle. Imagine the fog is lifting and your circle is slowly becoming illuminated with the light of possibility. What job do you have? What is your boss like? Are you your own boss? How much money do you make? What does your home look like? What kind of car do you drive? Do you travel? How often do you travel? Where do you go? How do you feel when you wake up in the morning? What are your passions? What are the causes you believe in? How does your family view you? What kind of freedom do you have and how does your new life make you feel? Let your mind wander to a place where anything and everything is possible. Remember you are creating your future. Take several deep breaths and slowly open your eyes realizing that you have just taken the first steps in manifesting your dreams. There are no limitations! Of course this exercise is only a starting point. Once you begin to imagine your ideal life, you will want to write it down. Place these ideas on paper and tape it to the wall or a mirror where you can see it. Carry it in your wallet and read it every chance you get. Go through the exercise until you can clearly articulate what you want in your life.

One of my "whys" was a home at the beach. The ocean has always been a place where I could find peace. In order for my "why" to become a reality I

had to visualize it clearly. I closed my eyes and imagined the color, size, and layout of my home. I even imagined the seagulls flying over the sandy beaches. I smelled the fresh salt air and listened to the breaking of the waves. Although my beach house was nothing more than sticks and bricks, it provided me with the energy to face the challenges of my growing business. I was blessed with realizing my "why" and owning a beach house. That vision was priceless. It taught me one of my most valuable lessons. I know that the success we achieve in our lives is in direct proportion to how well we imagine what we want and how clearly we see our path.

I hope I have communicated the importance of discovering your "why." If you ignore this step you give up your dream. Turn your why into something truly powerful by discovering what you stand to lose if you don't move forward and build your business. Everyone works harder when they know they are at risk of losing something. Each one of us has the power to create our best life. By not living your life to your full potential, by not realizing the dreams you hold so dearly, you have lost what life is offering. It's time to get your dreams back.

In order to truly live the life you desire, you must first know that you're worthy of receiving all of your dreams and goals. One of my biggest challenges was accepting that I deserved abundance. I was new to network marketing, 50 some years old, had no education and no nutritional background. In fact, I was a chain smoker when I began this journey. I felt inadequate and wondered why anyone at all would listen to me. I had to first do the work on Lynn and as I was struggling with my business I realized that the challenges were between my ears. If you don't feel worthy, you will block your ability to create the life you want. If you can't accept that you deserve abundance, it won't matter how hard you strive. You will find every reason to sabotage every blessing that comes into your life. Many of us feel guilty for wanting more. We must make the emotional and physical shift to believe we're worthy knowing that we were put here to let our light shine, to radiate prosperity, and give back to others. The past does not equal the future. Your fears and insecurities do not define who you are. We are all worthy of our dreams.

We each have our own personal unique key that will unlock our true potential. Your "why" will obviously be different than my "why." It is my heartfelt desire to help you see how simple it is to create a roadmap for your journey. Your "why" will grow and change as you do. Occasionally you should pull out this chapter and go through the exercise of discovering your "why" again. I sit down on a yearly basis and reevaluate my life making sure that I stay on track and true to my dreams.

FIND YOUR POWER

"Sometimes you just have to create what you want to be a part of."

~Jeri Weaitzamn

As I said earlier, I hated the idea of being in network marketing and I had a negative preconceived attitude toward this industry. I was influenced by what others thought about it. Sharing the products was no problem. After all, how do you not share something that has so positively impacted your life? It wasn't until it was time to make my follow up or appointment calls regarding the business, that the phone felt like it weighed 500 pounds! I literally couldn't lift it off the hook. I was struggling talking with people no matter how good the products were. It wasn't until I remembered what I was fighting for that I truly began to move forward. This remembrance caused an attitude shift making picking up the phone seem easier. The calls turned from a dreaded chore into a clear pathway toward the life I wanted to live. Talking with people suddenly became a joy because I was offering them a product that could enhance their life and a business that could impact their financial future. My new attitude was empowering! It gave me the strength to persevere and the desire to continue moving forward. My experience with the 500 pound phone uncovered the fears I had lived with throughout my entire life. Fear, in all its debilitating forms, was limiting my ability to grow. I had battled the fear of rejection, fear of success, fear of failure, and even the fear of life. This fear produced a profound sense of

confusion and lack of clarity. It would paralyze me and I would be unable to take the steps I needed to bring change into my life. My "why" allowed me to see, touch and most importantly, articulate my life's purpose and I suddenly discovered the key to unlocking my true potential!

Your life is not going to be exactly like mine. You may have different fears and roadblocks and your dreams are unique to you. What unites us is that we can all confidently and quickly move toward our goals once we clearly define our "why." How do we chart a course for our why? To begin with, we need a clear picture of what we want, where we are going, and how we are going to get there. Secondly, we have to be willing to get outside of our comfort zone to do the things that need to be done. We need to reach a state of consciousness that says, "I will not be denied. I deserve this." When I finally reached this state of mind, I began to struggle less. My "why" took over to lead me where I needed to go. It directed me to the freedom which would ultimately result in the life of excitement, balance and wealth I enjoy today. What about you? What motivates you? When was the last time you felt totally aligned and in sync with your life's purpose?

VISION IS KEY

"There are many things in life that will catch your eye, but only a few will catch your heart. Pursue these." ~Michael Nolan

Having your "why" firmly established is the first step but now we have to put your "why" to work. Now is the time to turn your dreams and possibilities into images of probability by transforming your "why" into a vision. During this process you will begin manifesting the life of your dreams.

I'm assuming you're reading this book because you believe you can achieve a life greater than the one you have. Well then, you're probably ready to adjust your vision. It wasn't until I understood this concept that I began

moving my business forward. Your "why" is what you're looking for but your vision is where you see this so clearly in your mind before it ever happens. My vision of becoming a Diamond director was clear in my mind right down to the date it would happen. I knew what I would be wearing on the stage as I walked across it. I saw it so clearly as though it was happening right at that moment. I felt all the excitement and energy. The hair was standing up on my arms every time I closed my eyes and saw that Diamond walk. It was REAL! It wasn't until I had declared this vision and began focusing on it that I began to draw the people to me that were needed to fulfill my vision. People began following me and joining my team because they saw I was a Diamond. They saw it because I saw it before it ever happened. At that very moment my journey was complete. I was a Diamond director!!!

It's important to understand the distinction between your "why" and your vision. Your "why" is your objective or your dream. Your vision is taking your dream (your objective or "why") and making it unquestionably real in your mind. Your vision is the commitment and intent behind your "why." It is the force of energy you put into what you want out of life. By clearly defining your vision you create a picture of your future. The more powerful the vision the more likely your "why" will be manifested.

Why do our minds follow our vision? I don't fully know the answer. Have you ever wanted to go on a beach vacation? Have you ever imagined yourself sitting on a tropical beach basking in the sun? If you imagine long enough, your mind begins to process it until soon you find yourself browsing the internet for airfares and hotels. Next, you're talking to family and friends hoping they will join you. You probably start saving money and budgeting for the trip. You have begun creating your vision. It may be a vacation, a job, a relationship or a rank advancement in your business. You begin seeing it so clearly and your unconscious mind won't rest until the gap between your vision and your reality is completely bridged.

A vision is the catalyst that makes all things in life possible. It is the expectation we have for our lives. It is how we see ourselves, the

conversations we have with ourselves and the way we feel about ourselves in any given situation. A clear and powerful vision transforms our imagination into an unstoppable driving force. It propels us to be what we were meant to become. This is the essence of a bold vision. It is the prerequisite that will allow us to make our dreams a reality. Everyone ends up somewhere in life but very few people end up where they want to be. The ones who do are the ones with a vision that illuminates the road ahead making their present and future paths clear to see.

Like a thermostat generating cool or warm air, our mind can work in either direction. It can work towards creating a positive vision or a negative vision. We've all heard about self-fulfilling prophecies. We have an internal power to create in our lives exactly what we believe will happen. Studies have proven this reality. In one particular study, a teacher was given different information about the students in her two classes. She was told that one class had students of exceptional intelligence, while the other class was average. In reality, both classes of students were intellectually equal. The teacher tested the students and the exceptional class tested better than the average class. The class of highly performing students excelled simply because their teacher had a vision of that class excelling. She believed in the inevitability of their success. Self-fulfilling prophecies have been proven to work in everything we do.

So, what vision is your mind currently working on? Are you taking control of your vision? Have past failures caused you to believe you will fail again? Do you believe your own possibility for success is limited? Do you believe you are unworthy of success? All of these are self defeating beliefs and they create a vision that is false. The mind doesn't distinguish between good, bad, truth or lies. It can't even distinguish between reality and imagination. Think about why we cry at sad movies. We know they're actors on a staged set and yet we sit there crying our eyes out as if it were real life. My point is that our subconscious mind doesn't make the distinction. Your mind doesn't care if your vision is positive or negative. It only cares that you are realizing the vision you have set for yourself. If the vision happens to be negative, your mind will promote the action to accomplish the outcome. If our mind

can't distinguish between what is real and imagined, we need to pay attention to what we tell it. This is why our self-defeating thoughts and habits must be eliminated. We need to begin our journey with a clear, healthy and well-developed vision.

When you're six months old you obviously don't have any opinions about who you are as an individual. Life is simple and basic. As we grow, our lives begin to take shape as we become influenced by the outside world. What do our parents, friends and family want from us? What direction do our teachers want us to take? Without ever realizing it we begin fulfilling other people's visions. It is important to understand that vision building is a process. It doesn't happen all at once but incrementally, one unconscious decision at a time. It is time for us to decide what we truly want to believe in. It is time to translate that belief into a vision that will motivate us to achieve the things in life we seek. Do you see yourself as a Diamond director? Can you see yourself walking across that stage? Visualize it. How does it feel?

Motivation is at the heart of all genuine and lasting achievement. Success is determined by how motivated a person is and our motivation is directly determined by the strength of our vision. The degree to which a person is motivated is the degree to which they will move through the obstacles that would easily defeat others. The path between where we are today and where we want to be will be filled with challenges and adversity. The difference between the person who succeeds and the person who doesn't is a matter of motivation. If your vision is powerful enough it will fortify you with the energy, stamina and the ability to continue on when others would fall prey to failure and defeat.

There is very little difference between you and the people who succeed in achieving their dreams. The distance between success and failure is so small. Success is our willingness to take that one extra step. This determination is fueled only when we have the proper motivation which again is in direct proportion to the strength of our vision. People who are powerfully motivated have the energy to do what needs to be done. They

draw that line in the sand and determine that failure is not an option. Their vision is huge.... They have the creativity to find solutions to their challenges and the courage to push outside their comfort zone. Most importantly, they never ever quit!

How can we know whether we are properly motivated? If your actions are in alignment with your dreams and aspirations, then you are motivated. Your actions will allow you to progress towards your dreams. It's as simple as that. I attribute much of my success in network marketing to my ability to be self motivated while developing my vision. I simply wanted it badly. Constructively developing your vision sets the thermostat of your mind to the environment you want, and in doing so, your mind automatically sets in motion the guidance, direction and actions you need to accomplish that vision. Most importantly, your mind gives you the motivation which equals energy, desire and persistence. With that, you can accomplish anything.

Understanding the distinction between your "why" and your vision is the key towards creating your future. You now have a vision that propels you towards the things in life you desire most. You already know what you want and why you want it. Are you ready to develop this at a deep and personal level? It's not enough to say you want something. You have to believe it and begin to live as though you already have it. Remember your mind works equally hard between reality and imagination. Develop your vision and it will become your reality. When you take a leap of faith and embrace this simple technique, everything in your life will begin to shift. Everything in your life will adapt and change to facilitate the realization of your vision. When you put aside the desire and truly believe with every fiber of your being that you already have it, you have vision! There is no greater action you can take on the path to success than declaring your vision. A well defined vision gives you the passion, motivation, direction and the purpose to jumpstart your daily production and move confidently towards the realization of your dreams.

As I look back over my life I realize that I never had the vision to see past where I was at any given moment. I listened to others who encouraged me

to write down my goals and I read them on a daily basis hoping against hope that this would somehow change the course of my life. It seemed no matter how big my goals, my motivation was never there and I continued along on my path that had become much too comfortable. Nothing was different. It wasn't until I joined network marketing that a dream began to awaken in me. I began looking around at others who had created success beyond my wildest imagination and I started to think that just maybe something was about to change. It wasn't until I had been in this business for several years that I started to understand the importance of vision and I began to realize that there was something missing in my thought process. I had written down my goals but somehow this wasn't enough to give me the motivation I needed to go out and make this happen. Then finally, I got it and it had nothing to do with network marketing. It was me. I was in my own way and sabotaging myself. I didn't feel worthy of any of the goals I had written in the past and I was struggling with even the concept of abundance in my life. I was saying that I wanted it with every goal I wrote down but I never truly believed that this would ever happen for me. I was just going through the motions. It was now time to work on Lynn and begin releasing all of my self-defeating negative beliefs. This personal development is an ongoing journey. We are all works in progress....

There was a bridge missing that connected my goals to my motivation and that's called vision. My goals were not enough to motivate me to go out there and get this done because in my heart and mind I never truly saw this happening for me. It was a "want" but my belief was such that this would be for others and not me. After all, I was inadequate, I had no education and was a 50 something trying to reinvent herself. The missing piece of the puzzle finally hit me like a ton of bricks. I had to see it, feel it, believe it and know it. I had to VISUALIZE it!!!! Visualization is the place where you actually see yourself there. You are living in the moment, experiencing the joy and feeling the passion that comes from living your best life. I finally found the missing piece to my puzzle. I began writing my vision statement and when I saw myself two years in the future, my life was transformed. I could have it all. I was so excited I could barely breathe and I knew for the first time that my life was about to change. I was creating my future filled

will all that made my heart feel good. It was my life by design and for the first time ever, I felt empowered.....

Think about the possibility of living your best life. I don't know what your dreams and goals are but I do know that network marketing is a vehicle that could help take you from wherever it is that you are in your life to wherever you want to go. Look two years ahead and picture your life with all of the time and money that you could possibly want. What are you doing? Who are you with? And how does it feel to be free? Create your vision statement in the present tense and read it over and over until you can feel it, touch it, and believe it with every fiber of your being. Most importantly, know that you are worthy of bringing it into your life. Motivation produces action and your motivation is directly determined by the strength of your vision. It's as simple as that. Now that you've created the future of your dreams, know that the gap between your vision and your reality is closer than you think. It's all up to you.

Believe in yourself. You deserve it all!!!!!

Let's keep in touch:

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Share your vision with me, I would love to hear it!

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