

GP Practice Pharmacist Support 2017 Brochure

We can help ease the pressure



"We have been very impressed with the service provided by Ashburton. They have saved considerable time for GPs and enhanced the service that we provide."

- Senior GP Liverpool

Why a Pharmacist?

With ever increasing demands on GPs' time, innovative and clinically effective solutions to address this problem are needed.

Many roles currently undertaken by GPs can be done by pharmacists and thus the role of the clinical pharmacist in GP surgeries continues to grow.

Not only do pharmacists increase capacity in primary care they also offer a different approach to prescribing and medicines optimisation and are an invaluable resource to the practice.



Ashburton Pharmacists
have reduced inappropriate
GP appointments.

Primary Care

Primary Care is under immediate and growing strain...

General Practice receives around 9% of the overall NHS annual budget.

However around 90% of all patient NHS contact occurs in General practice.

In 1995 the number of consultations in General Practice was around 218 million.

In 2013 that number had risen to over 340 million, that's an increase of 37%, and it has continued to grow.

In the UK there are an estimated 18 million people with Chronic Diseases.

This will increase by 30% over the next ten years, bringing the total to 23.4 million people.

In the North West only 72.4% of GP posts are currently occupied.

One Study reported 1 in 6 patients could have been seen by another healthcare professional such as a clinical pharmacist

Up to 50% of all medicines are not taken as intended by the prescriber.

Between 5% and 8% of unplanned hospital admissions are due to issues related to medicines.

Medicines waste is also a significant issue; reported as £300 million in primary care alone, about half of which is avoidable.

Why choose a Prescribing Pharmacist?

Ashburton pharmacists already have a track record of reducing the number of inappropriate GP appointments.

A snapshot audit comparing GP appointments in 2015 with the same time period in 2016, demonstrated a decrease in the number of appointments GPs spent dealing with queries that could have been dealt with by a pharmacist from 27% to 14%.

Patients are getting used to having a pharmacist in the practice and actively seek us out to address medication related issues.

We see patients with adverse drug reactions, failed treatments requiring alternatives, for initiation of new medicines e.g. for hypothyroidism, to discuss medicines options to get their chronic diseases better controlled.

Two of our practices requested help with their Type 2 diabetic patients. HbA1c has fallen overall across the practices, with both practices achieving the maximum QOF payments for achieving their lowest HbA1c readings for a number of years.

Patient Quote:

"You have changed my life" a week after a medication review with one of our pharmacists, where his medicines were changed to reduce harm and increase efficacy.

2010 Pincer Study

The 2010 Pincer Study found that pharmacists play a critical role in reducing medicine errors in general practice. The study implemented a pharmacist-led information technology intervention (PINCER) composed of feedback and educational outreach to a randomised subset of 72 primary care practices in the United Kingdom.

Six months after the intervention, patients in the PINCER group experienced substantially reduced frequency of clinically important prescription errors (e.g. beta blocker in a patient with asthma) and medicine monitoring errors (e.g. ACE inhibitor in an elderly patient without assessing electrolytes). The interventions made were acceptable to practices and pharmacists and were seen as cost effective by decision makers.

2012 Practice Study

The 2012 Practice Study, found that 1 in 20 prescription items contained either a prescribing or monitoring error, affecting 1 in 8 patients. Although the majority of errors were judged to be either of mild or moderate severity, 1 in 550 of all prescription items contained an error judged to be 'severe'.

The report recommended that pharmacists can play a greater role in mitigating the occurrence of error, through reviewing patients with complex medicines regimens at a practice level and in identifying and informing the GP of errors at the point of dispensing.

How we can Help...

- Manage all daily prescription queries, from the repeat prescribing system e.g. requests for medicines on acute or past drugs, general queries from patients, local pharmacies, hospitals & other HCP's
- Sign repeat prescriptions
- Manage hospital discharges
- Reconcile and review medicines for new patients
- Medication reviews, face to face, telephone or note review
- Joint management of chronic disease with practice nurses optimising medicines, improving compliance and reducing risk
- Support and develop safe repeat prescribing processes
- Provide a daily pharmacist telephone call back list to support patients and liaise with community pharmacists

Manage all daily prescription queries which result from repeat prescribing system e.g.

- Patients requesting medications that are on acute or past drugs
- General queries from patients, local pharmacies, hospitals, other HCP's

Face to face reviews to include:

- Medicines optimisation for patients with chronic diseases
 - General medication reviews
- Post discharge medicines reconciliation for complex changes

Why Ashburton?

Ashburton Prescribing was founded in June 2013 by Clinical Pharmacists and Independent Prescribers Lynne Garforth and Sue Read.

Between them Lynne and Sue have over 40 years of experience working with the NHS with 25 years spent in Primary Care. Previous employment in both community and hospital pharmacy by Lynne and Sue respectively, bring a breadth of experience and knowledge to Ashburton that can only serve to benefit the people to whom they provide services.

With such knowledge, Sue and Lynne are well placed to train their pharmacists to provide a safe and effective service to patients.

They are passionate about training and development and expect their pharmacists to share a passion for continually updating and improving their own knowledge and practice.

Meet the Directors



Lynne Garforth

Clinical Pharmacist and Independent Prescriber
MRPharmS PGDip IP

Lynne graduated from Aston University in 1996 and worked for National Co-operative Chemists (NCC) during her pre-registration year, qualifying as a pharmacist in 1997.

She continued to work for the NCC, becoming a branch manager of a health centre pharmacy in Liverpool and completing a Post Graduate Diploma in Community Pharmacy Healthcare in 2001.

She then went on to work for the NHS for over 11 years within the Medicines Management Team in Liverpool as a primary care pharmacist, specialising in anticoagulation and children and women's health. She gained her independent prescribing status in June 2012.

Lynne's role within the team in Liverpool included leading on training for pharmacists, pharmacy technicians and nurses in anticoagulation monitoring.

Lynne co-founded Ashburton Prescribing in June 2013.

Meet the Directors



Sue Read

Clinical Pharmacist and Independent Prescriber
MRPharmS PGDip IP

Sue graduated from Aston University in 1983. In 1985 Sue moved into working for the NHS in secondary care where she stayed for 15 years. Whilst there she developed a number of services including a domiciliary support service to hospice patients for which she won a Pharmaceutical care award in 1996.

Whilst working in hospital Sue specialised in elderly care, spending 10 years in a clinical role and working as a nursing home inspector. Staying within the NHS, Sue moved into the developing area of Pharmacy in Primary care in Liverpool in 2000.

Sue worked with the Liverpool Medicines Management Team for 13 years, completing a clinical diploma in advanced therapeutics and qualifying as an independent prescriber whilst working there.

Sue lead a team of pharmacists and technicians working in GP practices and was the clinical lead for elderly care.

Sue co-founded Ashburton Prescribing in June 2013.

Contact Us

If you are interested in utilising the services Ashburton can provide, or have any further questions then please contact us.

Ashburton Prescribing
7 Ashburton Road
Claughton, Birkenhead
CH43 8TN

www.ashburtonprescribing.com

contactus@ashburtonprescribing.com

0151 515 6505
07411 668 653

Ashburton

prescribingconsultantslimited



www.ashburtonprescribing.com

