



# Leadership Through Laughter

## Improving Your Leadership Style Through Improv

Using ideas from “The Red Rubber Ball at Work” by Kevin Carroll, in this workshop we will:

- Explore the benefits of childhood “play” in our personal development
- Identify key qualities of exceptional leaders
- Employ basic improv exercises to these key qualities in order to give context to conceptual leadership philosophies
- Have fun, break out of our shells and recognize the leader in all of us.

Please direct any questions to Cristela Carrizales, Artistic Director of OKC Improv.

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*Cristela Carrizales has been training and improvising since 2009 and is the Artistic Director of OKC Improv, the city’s only organization committed to the art of improvisational comedy. She has done workshops for the Choctaw Nation, the University of Oklahoma and Healthcare conferences throughout OKC.*

