



VMH 5K FUN RUN/WALK

Honoring Afghanistan Veterans
Saturday, May 18, 2019 9:00 AM

Proceeds benefit Veterans Memorial Hall, a program of St. Louis County Historical Society.

- ❖ Join us for the race at the The Other Place Bar and Grille, 3930 East Calvary Road, Duluth, Minnesota. Free parking is available for participants across the street in the Voyageur Bus Company lot.
- ❖ To register, complete and mail the form below with your payment. Registration fee includes a race t-shirt and refreshments.

Please direct questions to John Werner, Veterans Memorial Hall Advisory Committee member, at 218.343.8849 or wernericsm@gmail.com.

Veterans Memorial Hall was established in 1910 and is a joint program of the St. Louis County Historical Society and the military service veterans of northeastern Minnesota with a mission to gather, preserve, interpret, and promote the rich and diverse human experiences of veterans, their families, and communities, through museum, archival and educational programs. Its website, www.vets-hall.org, features more than 5,000 veteran stories.

Registration Fees

\$25

Total enclosed: _____

*Please make your **check payable to SLCHS** and mail to:*

St. Louis County Historical Society
Attn: VMH 5K Fun Run/Walk
506 West Michigan Street
Duluth, MN 55802

T-shirt Size (check one):

SM MED L XL XXL

VMH 5K Fun Run/Walk Entry Form for May 18, 2019

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Email: _____

Birthdate: ____/____/____ Age on race day: ____

Emergency Contact: _____

Emergency Phone: _____

Waiver: I am over the age of 18 or have obtained my parent/guardian's consent and signature. I certify that I have full knowledge of the risks involved in the VMH 5K Fun Run/Walk and that I am both physically fit and properly trained to participate in the event. I hereby waive and release any and all claims for damages that may incur as a result of my participation in the VMH 5K Fun Run/Walk against the Veterans Memorial Hall Program, St. Louis County Historical Society and its affiliated organizations, organizers, sponsors, promoters, municipalities, along with the employees, volunteers and officials of these organizations. I authorize St. Louis County Historical Society to use, reproduce and publish any and all photographs and/or videotape of me taken at the VMH 5K Fun Run/Walk for use by the St. Louis County Historical Society. I further understand that my registration fees are non-refundable and non-transferable.

Signature: _____

Date: _____

Signature of parent/guardian if participant is under age 18:

Date: _____

You may also register on-line with a credit card at

www.tempotickets.com/VMH5KRUN2019