

Alexander Technique Lesson Packages and Agreement with Jamee Culbertson

The Alexander Technique *lesson series plan* encourages regularity and consistency in your learning process. It is meant to support your personal commitment to your own transformation.

When you commit to a series of lessons, you benefit from the freedom from your challenges. You also receive a reduction in the cost per lesson by paying for a package of lessons in full at the start.

Lesson Packages:

- One, 1 hour private lesson is \$100.00
- Six, 1 hour lessons is \$500.00 and must be used within 8 weeks or less
- Ten, 1 hour lessons is \$825.00 and must be used within 3 months or less
- One hour Semi-private lessons can be enjoyed at \$55.00 per person per lesson

All of our time is valuable.

Missed and Late Appointments

Your appointment time has been reserved especially for you. A minimum of 24 hours notice is required to cancel your lesson. This is respectful and customary. That means that if 24 hours notice of cancellation is not received, you will be charged the full amount of the lesson, which is \$100.

Understandably, things come up at the last minute and occasionally 24 hours notice cannot be given. In that case, you will only be charged a partial fee of \$55.

Fees for missed appointments are due within a week of the missed appointment or before the next lesson. If you should arrive late, I may not be able to see you for that appointment.

Where can you find me?

All lessons are by appointment.

- Concord, MA Healing Crossroads, 42 Thoreau St
- Somerville, MA Boston Healing Tao Studio, 11 Bow Street, 2nd floor
- Woburn, MA By appointment

Contact me by phone: 617-290-7102 or email: jameec@mac.com