



SMALL GROUP COACHING EVENT INFORMATION Saturday 26th May 2018

Small Group Coaching

This coaching day is specifically for riders who are able to ride their motorbike, but are new to ORCWA, or are perhaps feeling a little apprehensive about riding in the bush.

The aim of the coaching day is to encourage riders to ride their motorcycles in a safe manner, and gain confidence to help them tackle the challenges of the Offroad Riding events.

Numbers will be strictly limited to ensure the riders get the most out of the day.

This coaching day is aimed at all junior riders to 15 years. Please contact the Coaching Coordinator Michael Jongen on 0408 241 974 if you are uncertain if this day is for you.

Venue

Private Farm –York
Head up Great Eastern Hwy from Midland towards Northam. Turn Right at the Lakes Roadhouse onto Great Southern Hwy towards York. Follow for approx 41km. Turn right into Cut Hill Rd. Follow to the end (2.1km). Turn right into Talbot Rd. After approx. 1km turn right into paddock.

Allow 1 hour from Midland (Roe Hwy). Bitumen all the way.

Cost - Small Group Coaching

All entries are online only. There will be no entries accepted on the day.

1st Family Member	\$80
2nd Family Member	\$60
3rd Family Member	\$40
ORCWA Membership.	\$90

You **MUST** purchase a One Event License from MWA via their website if you do not hold an Annual License.

Entries are limited and may close early if maximum numbers are reached before the closing date.

What to Bring - essential gear

- Your bike
- Fuel
- Riding gear (helmet, goggles, boots, body armour)
- Water & other drinks (camel pack)
- Food (lunch) & rubbish bag
- Spare Spark Plug
- Spare tubes (front & rear)
- Tools & spares
- Positive fun attitude!

Registration & Machine

Examination (8.30 - 9.00am)
Online entries only. No entry on the day.

Bring your 2018 ORCWA membership card, your Log Book (if you have one), and your MA License (or One Event License - purchased from MWA).

You will be given a name tag & number for the front of your bike to identify which group you will be with for the day.

Introduction & Day Format (9.00am)

A short talk on what to expect at events, the type of gear needed and hints on bike set up will be given.

Riders may then be required to complete a short riding assessment before being broken into small groups with an assigned Coach. The group will be led to various areas to practice specific skills which will include: correct Body Position, Starts & Braking, as well as how to tackle logs, rocks, hills, etc.

After lunch the Coaches will lead

the riders around a trail section, to put into practice the skills learnt in the morning.

At the end of the day all riders will be presented with a participation certificate.

Competency Assessment

This Coaching Day will fulfil Motorcycling Australia coaching competency assessment.

Toilets & Camping

Toilets will be provided at this venue, but there is **NO CAMPING**.

Rubbish

All properties are working farms with sheep or cattle grazing. It is extremely important that no rubbish (especially plastic) is dropped on the ground. Please take your rubbish home.

Food

No catering at this event. BYO all food and drinks.

Refund Policy

All withdrawals must be emailed to the Event Secretary: njongen@bigpond.com or text 0438 916 688.

Withdrawals received by 12 noon on Friday 25 May 2018 will receive a full refund. Withdrawals received after this date/time - no refund will be given.

Contact

If you have any questions or require further information (after you've looked at the website), please contact the Event Organiser: Shane Ward on 0409 820 668.